

Bulletin No #1

The background of the cover features three stylized, light blue silhouettes of roller skaters in various dynamic poses. One skater is in a high kick position at the top, while two others are in lower, more aggressive skating stances at the bottom. The entire design is set against a dark blue background with abstract, wavy lines and a pattern of small white dots in the corners.

Kerala State Roller skating Championships 2026

RULES & REGULATIONS

KERALA STATE ROLLER SKATING CHAMPIONSHIPS 2026-27

(Conducted/organized by Kerala Roller Skating Association (K.R.S.A)- Recognized by Kerala State Sports Council – under the aegis of Roller Skating Federation of India-RSFI(India Skate)

With reference to the earlier communications, the Kerala State Roller Skating Championships 2026–27 is scheduled to be held from 24 October to 1 November 2026.

The Championship will be conducted as per the Government Regulations and Norms prevalent at the time of the event.

(I).EVENTS/AGEGROUPS/ENTRYFEE(BOYS/MEN/GIRLS/WOMEN):

(a).EVENTS:**SPEEDSKATING-ARTISTIC SKATING-INLINE FREESTYLE SKATING- ROLLER HOCKEY-SKATEBOARDING-INLINE DOWNHILL-INLINE ALPINE-ROLLERSCOOTER-ROLLER FREESTYLE- INLINE HOCKEY- ROLLER DERBY**

The cadet Skaters (06-08, 08-10, 10-12 years) may participate in two disciplines in their respective age groups up to district level only i.e., in the disciplines in which the competition is held as per 11RR annexure - A, B, C, D, E and F.

b) Roller and Inline Hockey Tiny Tots age group (6 - 9) players (skaters) only are allowed to participate with any skate i.e., speed skates, artistic skates etc.

c) Roller & Inline Hockey Tiny Tots (6 - 9) and Cadet (9 - 12) age group skaters who want to participate in one more discipline has to participate in the age group according to their age groups only. Example: A skater of the age group Tiny Tots (6 - 9 years) will participate in 6 - 8 years age group or 8 - 10 years age group; similarly a skater of the age group (Cadet) 9 - 12 years will participate in 8 - 10 years age group or 10 - 12 years age group according to his age.

d) The Skaters in the Sub Junior, Junior, and Senior & Masters age groups can participate in *only one discipline*, i.e., either Speed Skating **or** Artistic Skating **or** Inline Freestyle Skating **or** Roller Hockey **or** Skateboarding **or** Inline Downhill & Inline Alpine **or** Roller Scooter **or** Roller Freestyle **or** Inline Hockey **or** Roller Derby.

(1).SPEED SKATING: For Distances & Type of Races please follow the latest distances and rules as per Updated 11RR Annexure 2025-26.

(a).Regular Relay Race: (i).From each Unit, a maximum of one Relay Team of Boys/Men and one of Girls/Women are allowed. (ii) A Relay Team consists of a minimum of three (3) and a maximum (4) skaters of the age groups 12-15(SUBJUNIORS), 15 -18(JUNIORS) and Above 18(SENIORS). A maximum of three (3) or four (4) skaters from each district may be registered for each relay team. In the event that the team secures a medal position, all registered skaters of the team will



be eligible to stand on the podium and receive the corresponding medal. Participation/Merit Certificates will be issued only to the skaters who actually participate in the relay race.

(b).Mixed Relay Race:(i) From each unit, only one (i) Mixed Team per age group 12 - 15 (SUBJUNIORS), 15 - 18 (JUNIORS) and Above 18 (SENIORS) is allowed, (ii) Mixed Relay Team consist of 4 Skaters Two (2) Male & Two (2) Female Skaters. Skaters are to relay every lap. The last relay will be made prior to the start of last lap. All other rules of relay shall be applicable.

Note: Only a Skater taking part in a regular speed race is entitled to take part in Relay/Mixed Relay. For Nationals, Inline Relay Race team to be selected from those who participate in the Inline speed events & based on performance in their respective races. If required, the Inline Relay team will be finalized by another trial during or after the Camp.

(c). Relay race will be held as per RSFI 11RR rules. The District relay team shall wear the District Team skin suit for participation in the relay race.

(d).Marathon (Inline) State Team for Nationals will be selected only if the race is conducted at National level. It may be conducted subject to availability of infrastructure. A Skater taking part in a regular inline speed race only is eligible to take part in Marathon. Marathon Races in the Nationals: Junior and Senior skaters will race together in Marathon race for one gold, one silver and one bronze medal.

(e).For Elimination races if road course is not available, it may be conducted on straight road. In that case, marking should be made separately for elimination depending upon the distance and number of skaters participating in the race. If there are less than 5 skaters participating, then it should be conducted as a regular road race and not as an elimination race.

(f).Track **P**oint to **P**oint (5K) and **E**limination (10K) races are to be conducted in the bank track.

(g).200 mts DUEL TT will be conducted not as a time trial event i.e. not one skater running at a time. It will be conducted as a Duel TT event i.e. two skaters running at one time.

(2).ARTISTIC SKATING: comprises of Figure Skating, Free Skating, Pair Skating, Solo Dance, Couple Dance, Inline Free Skating, Quartet, Precision & Show Group.

Note:(i).Rules for Music/Time Limit/ Footwork Sequences/Dance/Dance Limitations/ Compulsory Elements/Average Mark/Figure List etc shall be as per latest RSFI 11RR Annexure 2025-26. Age Group requirements circulated separately.

(3).HOCKEY:

(i).Roller Hockey: Please refer latest RSFI 11RR Annexure 2025-26. Also note, For Regular Roller Hockey, Maximum 10 players (8 players+2 Goal Keepers).

(ii).Mixed Roller Hockey: The Skaters taking part in the regular Roller Hockey only are allowed to participate in the Mixed Roller Hockey following the Ratio rule given below under Note-1.(a).if there is one Regular Roller Hockey Boys/Men Team and NO regular Roller Hockey Girls/Women



Team, then Girls/Women players can become part of the mixed Roller Hockey Team following the ratio as mentioned in rule given below under Note-1, (b).if there is one Regular Roller Hockey Girls/Women Team and NO regular Roller Hockey Boys/Men Team, then Boys/Men players can become part of the mixed Roller Hockey Team following the ratio as mentioned in rule below under Note-1.

Note-1: Mixed Roller Hockey Team consists of 10 payers (5 Boys/Men and 5 Girls/Women) with a minimum of two Goal Keepers (Both Goal Keepers can be either Boy/Girl or Men/Women). At the time of playing 3 girls in rink for one half and rest of the match 2 girls. Team members of Roller Hockey Team (both Boys & Girls/Men & Women) are only allowed to participate in the Mixed Roller Hockey Team Event. A minimum of two Girls/Women (other than the Goalkeeper, If the goal keeper is a girl/women) shall always be part of the playing team in the rink during the entire course of the match.

(iii). Signature (on the score sheet) of every Participant is mandatory at the beginning of all their matches.

(iv).The team which does not complete the league matches will be considered as not participated & will not get any participation certificate.

(4).INLINE FREESTYLE SLALOM & Other Games: Please refer latest RSFI 11RR Annexure 2025-26&Amendments 11 RR annexure - D & E.

(i).Please note the maximum skaters allowed per age groups from each District in both Boys/Men & Girls/Women for Downhill, Alpine, Skateboarding(Street & Park), Scooter and Roller Freestyle is 2skaters.

(ii).Skaters taking part in Downhill are also allowed to take part in Alpine.

5.GENERAL: Age Groups/Online Entry/Entry Fee/Medical Fitness Certificate/Photos/playing Kit etc:

(a).Age Group for participation in Internationals: International rules for the championships will be followed. For State/National Championship-Age groups: As per RSFI Rules11RR.

(b).ENTRY FEE FOR ALL AGE GROUPS: Speed Skating-Rs.700/-per Skater. Artistic Skating-Figure/Free/Solo Rs.700/- per skater, Inline Free skating Rs.700/- per skater, Pair Skating Rs.700/- per skater(Rs.1400/- per Pair), Couple Dance-Rs.700/- per skater(Rs.1400/- per Couple), Quartet-Rs.700/-per skater(Rs.2800/-per team),Precision: Sub Junior-Rs.7000/-,Junior per team-Rs.8400/- per team; Show Group: Cadet & Sub Junior Rs.7000/- per team; Junior-Rs.8400/- Roller Hockey-Rs.7000/- Mixed Roller Hockey Rs.7000/-. Inline Freestyle Skating- per age group per skater Speed Slalom/Classic Slalom Rs.700/-per skater. Pair Slalom Rs.1400/-.Skateboarding (Street/Park),Roller Freestyle Skating, Down Hill, Inline Alpine, Roller Scooter-Rs.700/-per skater per age group, Inline Hockey Rs. 8400/- & Roller Derby per team Rs. 8400/-



(c). Medical Fitness Certificate, to be submitted by all the skaters/players who are selected to participate in the Nationals.

(d).**ONLINE ENTRY:**As the entry for the State Championship is done online, for entering the District team for the 2026 KSRSC, District Association/s must log in at **<http://rollersportskerala.org>** using the password provided by KRSA to DRSA. Once logged in, the skater's Annual Registration Number will automatically retrieve all their details. Simply select the events for which the skater has been chosen.

The hardcopy of Entry form, Proof of Date of Birth and the entry fee should be submitted by the team manager to the championships committee at the venue.

(e).PLAYING KIT & SKATE INSPECTION FOR TEAM EVENTS: All the teams must report at the venue 90 minutes before their scheduled match time, for their playing kit & Skate Inspection.

(iii)ELIGIBILITY: (A).Skaters studying/domicilenow in Kerala State and Registered for the year 2026-2027 with RSFI and selected by the District Association from the District Championship 2026-2027 only will be allowed. Skater/s, who are not selected or are under suspension or have disciplinary action pending against them, shall not be eligible to participate in the State Championship.

(A).PARTICIPATION FOR SKATERS WORKING/STUDYING OUTSIDE INDIA: A skater who is an Indian citizen is either working or studying outside India can participate only from his/her home district in India, provided they hold a valid Indian passport and Aadhar card. The skater must be a registered RSFI skater and obtain permission from RSFI at least three months prior to the District Championship.

(B).PROOF OF AGE/AGE GROUP DETERMINATION: All participants shall submit the copy of e-Aadhar as Certificate of Date of Birth, uploaded for the RSFI Annual Skaters

The Name, Photo & Date of Birth As per Aadhar only will appear in Certificate & I.D.Card. In the past we have noticed that some skater's photos were in casual posture. The State/National Merit & Participate Certificate are treasured by all, as it is of great value at the time of academic admission, job, scholarship, cash award given by KSSC so on. So all are advised to take it seriously and scan and upload passport size photo with correct posture as if the skater is applying for passport.



Registration,. Age Group determination is as on 31.12.2026. Also e-Aadhar based Authentication is required for the purpose of establishing the identity of the skater with RSFI and not for any other purpose. Copy of e-Aadhar of all skaters (including for those above 18 years) to be submitted to the KRSA Championship Committees along with Entry Form. Original e-Aadhar must be produced immediately for verification as and when required by the said committee. In case of dispute / upon random verification the skater / team should submit valid birth certificate, passport and or other supporting document to verify the date of birth at any time.

Please note all participants shall submit the same e-Aadhar copy which was uploaded for the RSFI Annual Skaters Registration. There shall not be any mismatch in the name given in the e-Aadhar with School/ College records. The e-Aadhar submitted must be in English or Hindi only, not in local language.

(C).Please note that for any injury/losses caused to the participants during the State/National championship & or coaching camps, on or off the skating/playing area KRSA/KSSC/DSC/RSFI/Organisers shall not be responsible and or liable to meet any expenses/damages what so ever. Therefore, all the participating skaters shall take adequate accidental, medical and life insurance policies for the period of the competition & coaching camps. They are to carry the necessary policies with themselves. All the participating skaters, officials and accompanying members must take adequate accidental, medical and life insurance policies. They are to carry the necessary policies with themselves. Every team must carry First Aid kit.

(D).Dope/Drug Test: NADA may carry out dope test at random on players to ensure drug/dope are not used by them to enhance performance. Anti-doping Rules of NADA(National Anti Doping Agency) is applicable to all participants. Please see RSFI Website in this regard. All Skaters shall be ready at any time for Dope Test. The players can be medically examined by the agencies concerned, or any other agency advised by the Government/DRSA/KRSA/RSFI at any point of time. KRSA may ask for necessary medical certificate/s in this regard from any player at any point of time. Expenses if any in this regard are to be borne by the concerned skater/s.

(E). Probable's for Kerala State Team for participation in the 64th National Roller Skating Championship 2026-27 will be selected from the above championships.

(F).To uplift the standard of skating and face challenges of international competitions and to discourage sub-standard skaters, Judges and referees at the District/State/Nationals may introduce Elimination round/Qualifying Time/Points /Marks/Conduct Skating tests for allowing participation at the District/State/Nationals. Skaters who are found to be below standard will not be allowed participation. For example: The Hockey players have to perform their skating skill at the start of the Hockey match before the referee/s. Ranking in the District/State Championship shall not be the only criteria for selecting the state team for State/Nationals. Those skaters found below standard, in the preliminary elimination round conducted by KRSA/RSFI at State/Nationals, will not be eligible to get even the State/National participation certificate.

Note: In case any player fails to clear the technical round conducted by the Technical Committee can be disqualified at any given point of time. The Eligibility criteria for skaters participating in the 64th Nationals Roller Hockey competition are as follows: Skills Required for



Cadets: Forward and Backward Skating, Ball Carrying and Dribbling

Sub-Junior: Forward and Backward Skating, Ball Carrying and Dribbling, Side Stop (Hockey Break).

Junior & Senior: Forward and Backward Skating, Ball carrying and Dribbling, Side Stopping Both sides (Hockey Break), Ball Shooting, 360-Degree Rotation.

Additional Notes-Protective Gear: For all categories, it is compulsory to wear protective gear, including shin guards, knee pads, and gloves. For goalkeepers, full protective gear is mandatory. This ensures the safety of players and maintains the competitive standards of the event.

The Eligibility criteria for skaters participating in the 64th Nationals Roller Derby competition are as follows: Besides proper Equipment, Basic Guideline and minimum requirements for roller derby skaters for Nationals:

Jammers and Pivot: 1 Excellent Speed • 2 Use of Toe brake • 3 Dodge and spin • 4 One leg balance • 5 Back Skating. Blockers: 1 Average Speed • 2 Multiple Braking • 3 Hit of Shoulder • 4 Hit of Hip • 5 Basic Skating skills.

The Eligibility criteria for skaters participating in the 64th Nationals Skateboarding / Roller Freestyle / Scooter competition are as follows:

Out Of 10 Minimum 5 trick: 1. **Ollie**: A fundamental trick where the rider leaps into the air while the board rises with them. 2. **Kickflip**: An ollie combined with a flick of the toes to make the board spin 360 degrees along the axis. 3. **Heel flip**: Similar to a kick flip but uses the heel to flick the board instead. 4. **Pop Shuvit**: The rider pops the tail of the board and spins it 180 degrees without flipping. 5. **Grind**: Sliding along an edge with the trucks of the board; variations include Smith grind and Feeble grind. 6. **Smith Grind**: A grind where the back truck is on the rail while the front truck hangs off. 7: **Nose Grind**: A grind where the front truck is on the obstacle and the back truck hangs off. 8. **360 Flip**: A combination of a kick flip and a pop shuvit, resulting in a full 360- degree spin and flip. 9. **Benihana**: A trick where the rider grabs the board with one hand while extending the other leg out. 10. **Varial Flip**: A trick that combines a shuvit and a kick flip.

Judging Eligibility criteria • Use of the entire course, • Difficulty and technicality of tricks, • Execution (clean landings), • Variety of tricks, • Speed, flow and style, • Consistency (lack of mistakes), • One-piece bars (sc),• Metal core wheels, (sc)• One-piece decks (sc)

(ii).MEDALS/CERTIFICATE: Medals/Certificates will be awarded to First, Second & Third position holders & Participation certificates to remaining participants.

There will be no Individual Championship Award for Speed, Artistic & Freestyle, Other Games Skating events.

(iii).MINIMUM PARTICIPATION/CRITERIA FOR HOLDING THE COMPETITION WHEN THERE IS LESS THAN 3 PARTICIPANTS/TEAMS: In an age group, even if there is only one participant/one pair, in Figure/ Free /Inline Free/ Pair/ Solo Dance/Couple Dance/Quartet/Freestyle Slalom/Speed Slalom/ Pair Slalom/ Skateboarding/Alpine/ Downhill/ Scooter/ Roller Freestyle/Speed



Skating/ Two teams for Precision/Show Group/Hockey, the event will be held. However, medals will be given on the basis of Minimum criteria rules only.

Even if in an age group there is only one participant in Speed or Artistic or Inline Freestyle or one Pair team or one Couple or one Quartet/ Precision/ Show Group team or 2 teams in Roller Hockey, the event will be held. The ranking will be given on the basis of minimum points criteria for Medal as follows:-

(i).For Artistic Skating to obtain

- (a).Gold Medal, one must score average of 6.0 marks or above out of 10
- (b).Silver Medal, one must score average of 5.5 marks or above out of 10
- (c).Bronze Medal,one must score average of 5.0 marks or above out of 10

Minimum Marks/Points for medal: For 6 to 8 years :2.5, 8 to 10 years:3.5, 10 to12 &12 to 15 Years :4.0, 15 to 18 years :4.5, Above18 Years:5 & Above 35 years:2.0.

(ii).For Speed Skating: A skater completing the race & clocking the same or better timing than the third position holder's timing for the same race of at least last two State Championships will be titled for obtaining a Bronze Medal. Similar rule will apply for Silver &Gold Medals also.

Where there is no bench mark for Speed Skating then the new timing of the competition (if the skater completes the race), will be ranked depending up on the final result i.e. as 3rd if one skater qualify and as 2nd if two skaters qualify.

The selection criteria rules for Speed Skating of State team for Nationals: a).Points allotted for Gold Medal is 5 Points, for Silver Medal is 3 Points & Bronze Medal is 1 Point.

b).When equal points are secured by 2 or more participants the skater(s) who has/have secured a Gold Medal is/are ranked above the others.

c).When two skaters score the same points with both of them scoring a Gold Medal and other medal(s), the competition between them, if any, is considered and the one who has beat the other is ranked above the other.

d).When two skaters score the same points and no Gold Medal has been scored by any one, the competition between them, if any, is considered and the one who has beat the other is ranked above the other.

e).If no such comparison/selection mentioned above is possible the skaters with the same points are made to compete each other for selection.

(iii).For Roller Hockey: As per the latest RSFI Updated 11RR guidelines, Roller Hockey Team can now be formed of 10 players only i.e.8players and 2 Goalkeepers.

Roller Hockey, DRSA shall select only deserving skaters in the team. Do not add below standard skaters to fill up the empty places in the team. Skaters need to have basic skills of Roller Hockey & they must clear the Basic frame work of the skills which include Forward & Backward Skating, Braking, Dodging, Shooting and Ball control. Also Roller Hockey skaters should have proper kit & safety equipment to participate.



(IV).For Inline Hockey: As per the latest RSFI Updated 11RR guidelines, Roller Hockey Team can now be formed of 12 players only i.e.10 players and 2 Goalkeepers. Inline Hockey skaters should have proper kit & safety equipment to participate.

The team has to play at least one match then the ranking will be done.

(v).For Freestyle Skating-Speed Slalom: A skater completing & clocking the same or better timing than the third position holder's timing of at least last two State Championships will be entitled for obtaining a Bronze Medal. Similar rule will apply for Silver& Gold Medals also. The ranking for Classical Slalom/ Pair Slalom will be given on the basis of the following criteria: -

(a). Gold Medal, one must score 60% marks out of 150

(b). Silver Medal, one must score 50% marks out of 150

(c).Bronze Medal, one must score 40%marks out of 150

Skaters getting less than 40% marks will not be entitled to any ranking.

Note: However, for Nationals, the latest RSFI 11RR will be followed. For Classic Slalom/Pair Slalom, skater must perform all four basic edges one leg turns and perform a variety of slalom tricks that include sitting, spinning, wheeling and other tricks, etc.

For National all the events, which are in Nationals, the minimum criteria for the conducting the events is minimum 3 participants in case of individual events and three teams in case of team events.

In case any player/team fails to clear the technical round conducted by technical committee, can be disqualified at any given point of time.

(V).RULES: As per latest RSFI Rules & Regulations of Roller Skating Federation of India (Updated 11RR 2025-26 & and further amendments) & Kerala Roller Skating Association(R&R No.1RRDt.29.08.2014 and further amendments). World Skates/RSFI Competition Rules with latest amendments will be followed.

(VI).PROTEST: Protest Fee of Rs.5000/-per protest, for Speed/Artistic/Inline Freestyle Skating/Roller/Inline Hockey/Derby/Inline Downhill/ Inline Alpine Other Games, shall be enclosed along with every written protest made to the concerned Technical Committee Chief Referee.

The protest must be made by the Team Manager/Lady Manager within 15 minutes before the start of the event or within 15 minutes after announcement of results. Without disturbing the schedule and depending on the availability of time and concerned records the Technical Committee/ KRSA shall decide the matter. In case the protest is upheld the fee will be returned.

No protest/claim shall be entertained from Coaches/parents. Protest shall be accepted only from the concerned Team Manager/s declared as Team Manager in the Entry Form. On appeal, with a

fee of Rs.5000/-, the verdict/decision of the Jury of Appeal, at any level, shall be final & binding.

The Team Manager appointed for the district team should be able to maintain a code of conduct during the State Championship, as we have seen in past, inappropriate conduct towards judges, officials, Organizers and other participants Parents & coaches of the skaters.

In case of unacceptable behaviors, the athlete concerned will be liable forof facinga penalty &disqualification

Disrespectful (e.g. sexual, violent, insulting) movements or gestures, especially towards the judge'sordering Opening/Closing/Medal ceremony, are not appropriate and the skater can be penalized ordisqualified.

(VII).UNIFORM/EQUIPMENTS: Skaters have to come in proper uniform and with proper equipment for respective events i.e Speed Skating, Artistic Skating, Inline Freestyle Skating, Roller Hockey, Skateboarding, Inline Alpine, Downhill, Roller Scooter, Roller Freestyle Skating, Inline Hockey & Roller Derby.

District Association jersey is mandatory for participation. The jersey design must be identical and uniform for all skaters representing the respective district. Previous-year jerseys or jerseys with a different/old design will not be permitted. Skaters wearing an old or non-matching design will not be allowed to participate.

Note: I. Safety Gear is necessary to guarantee their safety. Any skater/Rider/player taking part in RSFI/State approved Championships/Tournaments/Coaching Camps/shall be responsible for his/her own safety. Participants compete at their own risk. Any injuries/losses caused to the participants during Championships/on or off the playing area, Federation/State/U.T/District/ & or Organizers/Host Association and or its officials shall not be responsible and or liable to meet any expenses/damages whatsoever.

Each skater is solely responsible that his personal equipment meeting the highest safety criteria in order to obtain the utmost safety of the skater.

Note:II. For Speed Skating, wearing the District Team skin suit is mandatory. Previous-year Skin suit or Skin suit with a different/old design will not be permitted. Skaters wearing an old or non-matching design will not be allowed to participate.

Helmet must be a hard gear with certification. The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer. A skater who removes his helmet before the end of the race shall be disqualified.

Note: III. Artistic Skaters to bring music recorded in Audio C.D / Pen Drive.



KERALA SKATE

കേരള റോളർ സ്കേറ്റ്
KERALA ROLLER SKATING ASSOCIATION
AFFILIATED TO ROLLER SKATING ASSOCIATION OF INDIA
RECOGNIZED BY KERALA GOVT

(VIII).MORE GENERAL Rules:

(i). Every team may nominate one Manager, one Lady Manger (if there are Girl participants), one Coach.

(ii).The Championship will be conducted as per the Government Regulations and Norms prevalent at the time of the event.

IX. KERALA TEAM PROBABLES:for 64th National Roller Skating Championships will be selected based on the ranking/results/performance (consolation prize holders/demo event participants will not be considered) of/in the above Championship. The selected Kerala team probables may be considered for participation in any other Zonal/All India Level competitions etc conducted by RSFI during the competition season. The decision of the selection committee will be final.

(a).All participants must have standard size of Skates/Equipment and Dress. Participants who are not having the same will not be allowed to participate with improper standard dimensions of skate/equipment. Toy Skates are not allowed.

(b).In case of only one entry for Roller Hockey, Inline Hockey & Roller Derby, the event will be cancelled. There will not be any selection trials to select a State Roller Hockey, Inline Hockey & Roller Derby team for Nationals from the one team entered i.e. team can be selected only from competitions between teams by the selection committee.

(c).State Team coaching camp may be conducted before the Nationals as per KSSC norms. Attendance in the camp is a must for participation in the Nationals.

(d).Skaters who win 1st or 2nd or 3rd place, in any event, in the 2026 Kerala State Championships, in the age group of 6-8 years or above, if selected as per selection criteria & ranking, shall only be eligible to participate in the 64th National Championships. KRSA must complete the online entry of Kerala State team before the last date. If a selected skater is not in a position to participate in the Nationals, he/she shall inform the DRSA/KRSA without any delay.

(e).Skaters who have secured eligibility for participation in the

All participating skaters must be registered members of their respective District Roller Skating Association and must have valid insurance coverage, either through the Association or through an individual personal accident insurance policy



National Championships, shall indicate their willingness in writing to participate in the 64th National Championships to the respective District Associations as soon as the selection list is announced.

They shall indicate such willingness to the State Association through District Association/concerned on or before the date fixed by KRSA for the purpose. Failure to indicate willingness as indicated here to fore may result in forfeiture of right for participation of the skater in the State Team Coaching Camp& National Championships. 90% percent attendance in the camp is mandatory

(f).Skaters for Speed Skating Nationals shall have to wear skin suit for Speed skating having same colour of the team. All selected skaters will be asked to share the cost of the skin suit. KRSA will make necessary arrangement to get the Skin Suit for a reasonable price.

(g). For Speed two/three race numbers with four safety pins per number and two helmet stickers will be issued. Each race number to be pinned properly with 4 pins. For other events one/two chest numbers will be issued. Each race number to be pinned properly with 4 pins.

Note:The Race / Chest numbers are very important to identify the skaters during their race/performance. The numbers properly pinned only will be captured by the video cameras.

Note.I:All Skaters are to bring wheels suitable for use on all kind of floors including Asphalt/ Asphalt Coated/ Kota – Kadappa Stone – Tandur Stone/ Mosaic / Wooden surfaces/ synthetic paint surface –rough/smooth/dusty etc.

X.CAUTION: No statement shall be made to the Media by any member who so ever without the approval of the State Association.Team Manager is the body of first instance for grievance concerning the skater

Indecent behavior and/or insubordination by any participant; and misconduct / misbehavior by others on behalf of any skater(s)or district team(s)with or without his/her/their knowledge or connivance, at any time from the time when application(s) is/are submitted for participation in State Roller Skating Championships till (as the case may be) the time of officially relieving the skater(s)/team(s)after return to the District after completion of the State Roller Skating Championships, shall attract disciplinary action against the skater(s)/team(s) concerned. Provided that misbehavior by anybody, all by himself/herself and/or by proxy on his/her behalf and with or without his knowledge of the District team, either by himself/herself, or by proxy on his/her behalf, without prior ledge or connivance, may result in any punishment that the KRSA in its sole discretion, may decide deem fit –and this may extend to barring/banning such skater for life from participating in any or all Roller Skating Championships conducted by DRSA/KRSA/RSFI.

XI.TENTATIVE PROGRAMME: Detailed programme of Opening Ceremony & Closing Ceremony if feasible/possible will be informed later.The Teams shall check in advance for the free practice time allotted for each team. If not reported on time, as per the practice schedule, the time slot will be allotted to the next waiting team.



XII.ACCOMMODATION: All are requested to co-operate and make their own arrangements according to available accommodation. If any assistance is required, the organisers are to be contacted well in advance. On the spot request will be challenging for all.

XIII. DAILY SCHEDULE: The events will be held continuously. Speed Skaters have to come prepared to run Heats/Quarter/Semi Finals/ Finals on the same day. Roller Hockey teams have to come prepared to play 2/3 matches on the same day.

Artistic skaters have to come prepared to do Short & Long/Figure/Free/Inline Free/Pair/Dance/Quartet Programme on the same day. Inline Freestyle skaters have to come prepared to do Speed Slalom/Freestyle Slalom/Pair Slalom on the same day. Skaters/teams have to report 30 minutes before scheduled time of the event in proper uniform.

XIV.INSTRUCTIONS TO TEAMS: All team members and their Parents/ Guardians/ Companions accompanying the team to be instructed: (a).To restrict their movements from the main gate to rink/track/road through the road/path & not to take shortcut by trespassing the garden, fencing, lawn, building and so on,(b). Not litter around the venue, (c).Not to enter into any room/building/class room. (d). If parking area is full, *Vehicles will not be allowed to park inside venue/road course/Roller hockey venue where the events are taking place. So the teams have to make necessary arrangements to park the vehicle elsewhere.* (e). Skaters not to enter the skating area / track /road (when not participating in the event) and restricted areas. (f). Skaters are not allowed to skate on corridors/terrace of buildings tress at venue. (g).Not to sit on corridor Fencing/railings or lean over from the barricade/wall/ fence/ tree and so on./ (h).Not to touch/pluck any plants and flowers at the venue, (i).The allotted toilet facility only shall be used by the participants. No one shall enter the office/school building to use the toilet or any other facility. (j). Valuables and skates to be kept under safe custody, KRSA/District R.S. Association(s)/Host will not be responsible for loss/ damages if any. (k).Parents/ Guardians/ Companions/coach accompanying the team shall not enter the skating arena/track/road. Only Managers are permitted to approach KRSA/District R.S.Association designated official/s and get assistance/ guidance/ clarifications for any matters concerning the championship. (l).The organizers may arrange a Canteen at the venue. Team Managers contact the Organizers and make advance booking if they require Breakfast/Lunch/Dinner. However, all participants may make their own arrangements too for snacks, Breakfast, Lunch and refreshments etc.

Note: Due to Technical/unforeseen circumstances if any of the events did not start or are not over or completed as per schedule, then the same will be conducted on the next available date of the respective or any other available venues. The decision of KRSA will be final in this regard.

XV.INDICIPLINE: The KRSA will take disciplinary action against those misbehaving/delaying/stopping/unsporting behavior/not abiding by the instructions/rules by levying penalties/suspensions/debarring the concerned person/s from the Championship site and or from attending all future events of KRSA.

XVI. Photography/Videography: Unauthorized photography and/or videography is/are not permitted. However, photography/ videography with the written approval of the Organizing committee is allowed. Their movements will be restricted to specific areas, so that there is no hindrance for the conduct of the events.

XVII. ONLINE ENTRY: All District Units must submit the skaters' entries for the State Championship through the KRSA Online Registration Portal on or before **12.10.2026**, and a printed copy of the Individual Online Entry Form duly signed and sealed by the respective District Roller Skating Association (DRSA) must be submitted to KRSA along with the Master Entry Form. The last date for submission of online entries for all disciplines is 14.10.2026.

XVIII. ANNUAL AFFILIATION FEES: All affiliated District Units shall pay, if not paid already, the Annual Affiliation Fee to KRSA before the start of the Championship.

XIX. RETURNING OF ROLLING CUPS/SHIELDS: Previous year Overall Ranked Artistic/Speed/Hockey/Freestyle Champion District Teams/Roller Hockey Winning District Teams are to return the Cups/Shield to the Championship Committee in good condition.

XX. JURY OF APPEAL: Chairman-Jury of Appeal , President of all affiliated Units, KRSA President & Secretary, Advisors to President of KRSA, Technical Committee Chairman and Organizing Secretary.

XXI. FORCE MAJURE: In case of any unforeseen circumstances if daily schedule is changed and or events remain incomplete, decision taken by the Technical Committee shall be final and binding on all the teams.

Technical Details & Age Groups: The technical details and age groups shall be strictly as per the RSFI Rules & Regulations No. 11 RR – 2025, applicable for State Championship, along with the respective Annexures and General Rules prescribed for each discipline. Available in the website.

For all KRSA/DRSA & Technical Matters Contact: Sri .B.V.N.Reddy (Sr.Vice President-KRSA):Mob.9446178530/8848892948



Anuraj Paingavil.R
Hon.Gen.Secretary– KRSA



Nomenclature details:

KRSA-Kerala Roller Skating Association

-State parent body for

Roller Sports(Affiliated to Kerala State Sports Council)

RSFI-Roller Skating Federation of India}
 (WorldSkate-India)(Recognized by }
 Roller Sports Department of Youth & Sports-GOI}

-National parent body for

CARS-Confederation of Asian Roller Sports
 Roller Sports(WorldSkate-Asia)

-Asian parent body for

FIRS-Federation International de Roller Sports
 Roller Sports (World Skate)

-World parent body for

KSSC-Kerala State Spots Council

DRSA-District Roller Skating Association

KOA-Kerala Olympic Association

NADA-National Anti-Doping Agency

MYAS-Ministry of Youth Affairs & Sports



**INDIA
SKATE**
RSFI ESTD. 1955

भारतीय रोलर स्केटिंग महासंघ

भारत सरकार द्वारा मान्यता प्राप्त : RECOGNISED BY THE GOVERNMENT OF INDIA & IOA

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ROLLER SKATING FEDERATION OF INDIA

RSFI RULES & REGULATIONS NO.11 RR 2025

APPLICABLE W.I.E. FOR CHAMPIONSHIPS/CAMPS/TRIALS



1.00:HOSTING OF CHAMPIONSHIPS:-

- 1.01 HOSTING OF NATIONALS, ALLOTMENT OF CHAMPIONSHIP / TOURNAMENT & CAPITATION FEES :- i) The organisers willing to host a National Championship / tournament has to send the proposal to the RSFI. On receipt of allotment letter from RSFI the organisers shall remit a capitation fee of Rs.20,000 within 15 days.
ii) RSFI affiliated Unit shall charges their sub units/organisers of any state level championships/tournaments Rs.10,000 towards permission to conduct the said championships, while District unit shall charge Rs.5,000 towards permission to conduct District level Championships.
- 1.02 OPTOUT: Incase the host State/UT Association opt out from hosting the National Championship/Tournament within 30 days of declaring the dates the State/UT Association has to pay a penalty of Rs. 10,000/-, and if the opting out is between the 31st and the 60th day they have to pay a penalty of Rs. 2,00,000/- and if it is between the 61st day and the 90th day the penalty would be Rs. 5,00,000/-. In all the above cases the capitation fee is also forfeited. The RSFI may organise the championship at the same venue.
- 1.03 INTERNATIONAL/ ALL INDIA/ OPEN CHAMPIONSHIP / ZONAL/ CARNIVAL/ MEMORIAL/SEMINAR/CLINIC ETC.: - All Units/Organisations require RSFI permission for holding the same.

2.00: DISCIPLINES/ELIMINATION & TECHNICAL RULES:

- 2.01: DISCIPLINES: Championships are to be conducted in Speed, Artistic, Rink Hockey, Inline Hockey, Inline Freestyle, Roller Freestyle, Down Hill, Inline Slalom(Alpine), Skateboarding, Roller Derby, Scootering and Skate Cross. Any other Discipline/event may be held only with RSFI written consent.
- 2.02: TECHNICAL RULES: - As such RSFI follows WORLD SKATE / WORLD SKATE ASIA Technical Rules. However for National/State/District/Club level competitions shall follow the General Regulations (Annexure A, B, C, D & E).
For Speed the distance will be as per the Annexure "A".
For Artistic the rules and regulations will be as per Annexure "B".
For Rink and Inline Hockey the rules and regulations as per Annexure "C".
For Inline Freestyle the rules and regulations will be as per Annexure "D".
For Other Disciplines the rules and regulations as per Annexure "E".
- 2.03: TEST/ELIMINATION:
Prior tests /elimination may be held in any of the disciplines to achieve quality participation in the championships. Sub-standard participants will be eliminated as per participation eligibility criteria/rules RSFI.

3.00: AGE:

- 3.01: AGE GROUP DETERMINATION: the participant's age as on 31st December of the championship year to determine his/her age group.
- 3.02. PROOF OF AGE: E-AADHAR with full date of Birth. Those provided any wrong information in the E-Aadhra will be suspended or penalised or both. The period of suspension and penalty amount will be decided by RSFI.

3.03: AGE GROUPS: Male/Female as per Annexure "F"

a) The cadet Skaters (06-08, 08-10, 10-12 years) may participate in two disciplines in their respective age groups upto district level only i.e., in the disciplines in which the competition is held as per 11RR annexure - A, B, C, D, E and F.

b) Roller and Inline Hockey Tiny Tots age group (6 - 9) players (skaters) are only allowed to participate with any skate i.e., speed skate, artistic skates etc.

c) Roller & Inline Hockey Tiny Tots (6 - 9) and Cadet (9 - 12) age group skaters who want to participate in one more discipline has to participate in the age group according to their age groups only. Ex A skater of the age group Tiny Tots (6 - 9 years) will participate in 6 - 8 years age group or 8 - 10 years age group similarly a skater of the age group (Cadet) 9 - 12 will participate in 8 - 10 years age group or 10 - 12 years age group according to his age.

d) For 4 to 6 years age group skaters, a non-medal speed skating event can be conducted up to state level for Boys & Girls. Distance: 200M & 400m. A skater can participate in both races. Skaters with Inline & Quad Skats can run together. No separate races for Quad or Inline.

3.04: PARTICIPATION IN HIGHER AGE GROUP: Skaters are to participate in their own age group. Jumping to Upper Age Group shall not be permitted. However, for International trials **Junior skaters are allowed to participate in seniors age group.**

3.05: **Special Children (Mentally Challenged): Refer to Annexure - IV**

4.00: **ENTRIES for PARTICIPATION & ELIGIBILITY:**

4.01: i) **LAST DATE OF ENTRIES:** Entries must be sent online through the RSFI web portal (www.indias skate.com) by affiliated/recognised unit on or before 15th November of the National Championship year.

The hardcopy of Entry form, **Proof of Date of Birth** and the details of online remittance of entry fee should be submitted by the team manager to the championships committee at the venue.

4.02: **ENTRIES PER UNIT FOR MALE / FEMALE CATEGORIES IN NATIONALS AS PER ANNEXURE A/B/C/D/E/F**

4.03: **ENTRIES/DISCIPLINES FOR CHAMPIONSHIP OTHER THAN NATIONALS:**

In case of Championships other than Nationals, organisers may invite lesser or more number of Participants and or conduct Championships in 1 or more disciplines, after taking advance permission from RSFI.

4.04: a) **MINIMUM PARTICIPATION/CRITERIA FOR HOLDING THE COMPETITION:**

RSFI organized India Games/Ranking/Inter District/All India Open Championships and state/UTs organized State/UT championship the event can be conducted even there is only 1 participant or 2 teams.

Ranking will be given on the basis of minimum criteria as per annexure I. Gold, Silver and Bronze Medal shall awarded only if there are three participants, Silver and Bronze Medal if there are two participants and Bronze Medal if there is only single participant subject to the fulfillment of criteria as mentioned in Annexure - I.

b) For the National Championships, an event will be conducted only if there are entries from a minimum of three different States or Union Territories (UTs). Even if the total number of entries are three but not from three different States/Union Territories (UTs), the event will not be held, and the entry fee will be forfeited.

- 4.05: **PARTICIPATION ELIGIBILITY:** Only RSFI-recognized Units or individuals are allowed to participate. RSFI may accept direct entries in disputed cases or in cases where there is no RSFI-affiliated State/UT Unit. Skaters must participate only from the State/UT where they meet one of the following criteria: (i) **Students:** A student studying in a school, college, or any institution recognized by the State/Central Government is considered an ordinary resident of the State/UT where the institution is located. (ii) **Employees:** An employee working in a public sector institution or government office/department is considered an ordinary resident of the State/UT where their workplace is situated. (iii) **Others:** Individuals not covered under categories (i) or (ii) above can only represent the State/UT where they are domiciled. Skaters who are debarred or suspended by RSFI are not eligible to participate.

5.00: PARTICIPATION FOR SKATERS WORKING/STUDYING OUTSIDE INDIA

A skater who is an Indian citizen is either working or studying outside India can participate only from his/her home district in India, provided they hold a valid Indian passport and Aadhar card. The skater must be a registered RSFI skater and obtain permission from RSFI at least three months prior to the District Championship.

6.00: FEES/PENALTIES:

- 6.01: **AFFILIATION - MEMBERSHIP FEES:** The RSFI Annual Affiliation- Membership fees for the affiliated unit shall be as under. New Units and those Re-affiliated units are to additionally pay Entrance – Admission fees as well: -

	Entrance/ Admission	Affiliation/ Membership
State-UT Association to pay to RSFI	Rs.10,000	Rs.5,000
District-UT Zone Assoc.pay to State-UT Assoc.	Rs. 5,000	Rs.2,500
Club-Institute to pay to UT Zone-Dist. Assoc.	Rs. 2,500	Rs.1,500

Affiliation fee per annum is payable by affiliated Units to RSFI along with the filled in sealed and signed annual report form **annexure - II** of the Association within 120 days on commencement of the next calendar year. There after there will be a late fees charges @Rs.1000 per month till the date of payment is received. If the payment is not cleared within 15th November or the filled in sealed and signed annual report form **annexure - II** is not received, the member will automatically cease all its rights as an affiliated units of RSFI.

- 6.02. **SKATERS ANNUAL ONLINE REGISTRATION:** All the skaters participating in the activity of Roller Sports at club/District/State/UT level must be registered with RSFI. Every skater has to register/renew on or **before 31st October** of the current calendar year through the online portal of RSFI (www.indiaskite.com) and pay/remit an amount of Rs.350/- per annum by the Gate way payment portal of RSFI towards Annual

Skaters Registration Fee. The online registration/renewal starts from **1st January of the Calendar year.** (Of the Rs.350/- received, RSFI will transfer Rs.100/- to State/UT Association and Rs.100/- to the district association and Rs.50/- to the clubs affiliated to their respective affiliated clubs.

The registration is valid from 1st January to 31st December of the calendar year and is to be renewed annually. RSFI will issue the skaters ID card with permanent ID number which will be given to the skater by the State/UT Association through the respective district association.

Participation in All India Open/National Ranking/National Inter district/India Skate Games etc., allowed only with State/UT NOC.

The Units are required to send to RSFI, copies of Circulars/Notices of holding the Club/ Institution /District/State Championship along with a brief report regarding number of participants and events held etc. with in a week of holding of the event.

- 6.03: PENALTY FOR ALLOWING PARTICIPATION OF NON-REGISTERED SKATERS IN ANY CHAMPIONSHIPS/CAMPS:- will be **RS.2500/-** per skater to be paid by the Concerned unit to RSFI within 30 days of its demand by RSFI. Repeated violations will result in enhanced penalties.
- 6.04: Multiple Registrations: Multiple registrations are not allowed. Skaters registered once for a particular discipline shall only participate in the same discipline during the calendar year. Violation of any nature shall lead to strict disciplinary action and invalidation of registration, suspension from participation in championship for a period of one year. Repeated violations will result in enhanced penalties.
- 6.05: State/UT Association conducting state team coaching camp prior to the National Championships can collect a maximum of Rs. 3750/- per skater for arranging the Kit (Consisting of T-Shirt, Track Suit, Cap etc.,) and Actual Entry Fee.
When the State/UT Association conducts coaching camp for 7 to 10 days by inviting RSFI Coaches, the unit can collect upto Rs. 1,000/- only from the camp participants.
- 6.06: ENTRY FEE: Shall be as per the annexure "G" for Nationals and all Championships, except State/District/Club/Institute levels and is payable to RSFI **It must reach the RSFI office at least 7 days before the starting of the Championships.** Entry Fee received after 7 days till two days prior to the championship, Rs. 1000/- will be charged as late fee.
- 6.07: **CLAIM FEE:** For National Championship and Open/Invitational All India Tournaments/Ranking/India Games an amount of Rs.5000/- per claim shall be enclosed along with every written claim made to the concerned technical Committee Chief referee. For State/UT **Championship** Rs. 5000/- and District **Championship** Rs. 3000/-. The claim must be made by the Team manager/lady manager within 15minutes before the start of the event or within 15 minutes after announcement of the result. Without disturbing the schedule and depending on the availability of time and concerned records the

Technical Committee/ RSFI shall decide the matter. In case the claim is upheld the fee will be returned.

6.08: SPONSORSHIP FEE FOR NATIONAL / INTERNATIONALS / ZONAL / ALL INDIA / CARNIVAL / MEMORIAL etc: Being named on any individual /trust or company etc may be permitted by RSFI on receipt of Rs.1,00,000 for Internationals, Rs.50,000 for Nationals and Rs.25,000 for others.

6.09: SPONSORSHIP FEE FOR RUNNING TROPHY: To be awarded at National/Internationals Championships will be Rs.50,000, for All India/Zonal championships/Tournaments etc. it will be Rs.25000 annually payable to RSFI in advance and subject to RSFI's permission for running trophy.

6.10 The Host shall open a separate bank account, in the name of the National/Internationals/ All India/Zonal/ Championships/Tournaments etc., with one signatory of the Federation nominee and give the Statement of Receipts and Payments Accounts to the Federation within 30 days from the date of completion of the Championship/Tournament.

Similar pattern to be followed by the State, District, Club Units while allotting conducting the State –UT/District/Club level Championship/Tournament to their Affiliated Units.

6.11: *Deleted*

6.12: TA & DA FOR RSFI OBSERVERS/TECHNICAL OFFICIALS
 To and fro IInd class A/C train/ A.C. Deluxe Bus fare along with DA @ Rs.750/- per day on travelling days **and to & fro local transportation from house to Railway station/bus stop are** to be paid by Units/Hosts to the Observers/Technical Officials deputed by RSFI to their State/UT. Also befitting lodging and boarding to be provided to by State/UT unit. Similar pattern to be followed by State/UT/District/Club bodies in their areas.

7.00: INTERNATIONAL/NATIONAL/STATE/DISTRICT/CLUB LEVEL COACHING CAMPS/ SEMINARS/CLINICS

7.01: a) Federation will organise every year International/National Coaching camps/Seminars and Clinic in all disciplines. State-District-Club shall also organise similarly State Development Camp. Since no funds are given by Central/State Government each participant has to contribute to meet costs of Coach's Airfare, Boarding, Lodging, Local Transportation, Out-pocket expenses, Fees etc. of Rs.5000/- for a period of one week.

b) Skaters attending the Indian Team Camp shall only wear RSFI Team uniform (Skin Suit T-Shirt/Track Suit) and shall not to use any company logo in the Team Uniform.

7.02: Medical expense for injury/illness are to be borne by the participant only. Participants must take required insurance policy for themselves before attending the Selection Trials /Camp/Seminar/Clinic.

7.03: Skaters attending the Selection Trials for international events shall deposit Rs.10,000/- with RSFI camp coordinator prior to the starting of the Trials

along with the valid passport and other documents. Selected skaters shall complete all formalities within 7 days from the date of the starting of the camp. The selected skaters deposited amount will be adjusted against the air tickets/other expenses to be incurred on them. For failing to attend the camp or refusing to go with the team, the deposited amount of concerned skater shall be forfeited by RSFI with information to Respective State/UT units.

7.04 Payments to RSFI be made by way of Demand Draft favoring "ROLLER SKATING FEDERATION OF INDIA", payable at New Delhi.

8.00: ACCOMODATION/BORDING/TRANSPORTATION/T.A.-D.A.:

8.01: *Deleted*

8.02: ACCOMODATION FOR RSFI TECHNICAL OFFICIALS: 2/3 star type accommodation to be provided by Organisers with maximum three bed, sharing one toilet.

8.03: BOARDING FOR PARTICIPANTS: Wherever the Organisers are not in a position to arrange free/partially free boarding then with prior permission from RSFI they should arrange subsidized meals.

8.04: TRANSPORT FACILITIES: *Deleted*

8.05: T.A./D.A. FOR RSFI TECHNICAL OFFICIALS/SPECIAL INVITEES:

To and fro IInd class A/C train/ A.C. Deluxe Bus fare along with DA @ Rs.1000/- per day for travelling days and **local transportation from house to Railway Station/ Bus Stand are** to be paid to the nominated Technical official. Also befitting lodging and boarding to be provided by host. Failing which the host has to pay the actual cost per day from the day their journey began to the day they reach back home.

8.06: *Deleted*

9.00: AWARDS/RANKING:

9.01: MEDALS*: Gold, Silver, Bronze medals will be awarded to 1st, 2nd, 3rd positions. Consolation prizes may be given to those cleared by RSFI. For National/Zonal/Ranking/Games medals will be provided by RSFI.

Skaters must wear their racing suit/competition costume/Team Uniform and their skates during the award presentations. Cap and sunglasses are forbidden.

If a skater is not present for the podium ceremony the skater is automatically suspend from participation in the next race/event and loses all the points for the general rankings (individual & state).

9.02: CERTIFICATES*: will be issued to the participants, who have taken part in the Championships. The same will be handed over to the team managers/association for distribution. For National/Zonal/Ranking/Games certificates will be provided by RSFI.

*** The medals, Certificates and other awards will be issued only to the participants who attend the Opening and Closing ceremonies of The Championships.**

9.03: MEMENTOES FOR RSFI OFFICIALS/INVITEES: Will be provided by RSFI for National/Zonal/Ranking/Games.

9.04: TROPHIES:

a) Out of the existing 11 Roller Sports Disciplines, the State/UT Team must have participated in 5 disciplines in the said championship.

b) Over all trophies to the winners of Speed, Artisticks, Roller & Inline Hockey, Inline Freestyle, Skateboarding, Roller Derby and other disciplines (Downhill, Inline Slalom (Alpine), Roller Freestyle, Scootering) may be awarded to the teams by the RSFI who secure highest points in the respective disciplines.

9.05: RANKING OF TEAMS FOR SKATEBOARDING/SPEED/ARTISTIC/ROLLER & INLINE HOCKEY/INLINE FREESTYLE/ROLLER DERBY/Other DISCIPLINES: Points System

Point shall be awarded in the following manner: 1st place–6 points, 2nd place–5 points, 3rd place–4 points, 4th Place - 3 Points, 5th Place - 2 Points and 6th Place - 1 Point.

10.00: GENERAL RULES:

10.01: CHAMPIONSHIP AND PRACTICE TIMINGS: To be informed/published to the teams two days prior to the start of the event.

10.01 a) For National Championship the host shall provide competition venue for practice, two days in advance, to the participating teams at no cost.

10.02: OBSERVERS: may be deputed by RSFI for conducting the State Championship/ Selection Trials & to submit their report on its conduction.

10.03: FLAG: Every team shall bring 2 State /UT Association Flags one for March past and the other for hoisting. Size approximately 4 x 3 Feet.

10.04: GRIEVANCES OTHER THAN CLAIMS: Participants are to send the same through Organising Secretary only through their team manager/s.

10.05: INDISCIPLINE: The Federation will take disciplinary action against those violating the disciplinary norms as per the disciplinary code of conduct of RSFI (**Annexure – III**).

10.06: INJURY/DAMAGES/LOSS: RSFI-STATE-UT Association/Organisers and their officials will not be responsible, liable for any injury/damage/loss of life and property caused during the championships to any person/s.

10.07: NATIONAL BLAZER, COLORS, AND TIE: i) National Blazer, National Team Colors are to be worn only by officials and participants selected by RSFI who represented the Country in International Championships/Tournaments. Misuse of the same by any person will result in RSFI action.

ii) During the march past/opening ceremony all the State/UT shall participate in their State/UT team uniform.

10.08: NATIONAL COACHING CAMPS: All probable skaters are to attend the same. They are not to leave the camp without written permission of the Federation.

10.09: Team uniforms are to be worn exclusively by team members, including team officials, during the Championships.

The following conditions that must be adhered to when placing any company's name or logo on a skater's shirt during the national competition. (No Alcohol, Tobacco & Anti-Social, Company Sponsorship and Religious sign/symbol)

1. Full Sponsorship: If a skater is being fully sponsored by any company (including for foreign trips related to the championship), the skater is allowed to place the sponsor's logo on the back of the shirt. In this case, the logo size must not exceed 2.5 inches x 5 inches.

2. Partial Sponsorship: If a skater is receiving only partial sponsorship from any company, the skater may place the sponsor's logo on one sleeve of the shirt. The size of the logo in this case must not exceed 1.5 inches x 3 inches.

3. Manufacturers' Logo on State Uniform: The size of the manufacturer's logo on the State/UT uniform shall not exceed 1"x1"

In all the above scenarios, prior to printing any logos, the skater must: Ensure that the above conditions are strictly followed. If sponsorship log is printed without permission the concerned State/UT association will be penalised.

Obtain prior approval for the logo from their State Association and the Federation.

10.10: RSFI OFFICIALS ARE RESTRICTED: RSFI officials shall not take assignment to act as managers or coaches for any team participating in the championship where they are officiating. Judges and referees must refrain from interacting with participants and team officials of the participating teams.

10.11: SELECTION FOR ASIAN/INTERNATIONAL CHAMPIONSHIPS:

Speed Skating:

Eligibility: Skaters eligible for participation in Speed Skating trials will be assessed based on the total points earned for participation in the respective races (which are similar to trial races) throughout the calendar year for Nationals/Championship/Games conducted by RSFI. Top four ranked skaters who have earned maximum points during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the race.

1. A skater has to participate in a minimum of 3 championships conducted during the previous year by the RSFI.
2. A skater winning the race (getting 1st or 2nd place) in the selection trials does not qualify for selection.
3. He/She should clock the timings equal to or less than 10% of the best timings of the race of the last world championship.
4. After achieving the qualifying time in the trials, the First Two skaters of each race in the trials will be selected for the camp and the third skaters will be considered for the camp only as a standby prior to the international event.
5. Points allotted for RSFI National Championship are 1st Place: 10 Points, 2nd Place 9 Points, 3rd Place 8 Points, 4th Place 7 Points. For other RSFI championships/Games the point system are 1st Place: 8 Points, 2nd Place 7 Points, 3rd Place 6 Points, 4th Place 5 Points.
- 6. Junior skaters are allowed to participate in seniors age group only for international trials.**

Artistics:

Eligibility: Skaters eligible for participation in Artistic trials will be assessed based on the total points earned for participation in the respective event (which are similar to trial events) throughout the calendar year for Nationals/Championship/Games conducted by RSFI. Top four ranked skaters who have earned maximum points during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the event.

1. A skater has to participate in all championships conducted during the previous year by the RSFI.
2. A skater winning the race (getting 1st or 2nd place) in the selection trials does not qualify for selection.
3. He/She should perform the following elements such as Double axel, any triple jump, Beilman, combination spin, at least two double jumps, one clean combination jump before his final selection.
4. Points allotted for RSFI National Championship are 1st Place: 10 Points, 2nd Place 9 Points, 3rd Place 8 Points, 4th Place 7 Points. For other RSFI championships/Games the point system are 1st Place: 8 Points, 2nd Place 7 Points, 3rd Place 6 Points, 4th Place 5 Points.

- 5. Junior skaters are allowed to participate in seniors age group only for international trials.**

Rink & Inline Hockey

Eligibility: Skaters eligible for participation in Rink and Inline Hockey trials will be assessed based on his/her performance throughout the calendar year of Nationals/Championship/Games conducted by RSFI. Best performed skaters who participated during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the event.

1. A skater has to participate in all championships conducted during the previous year by the RSFI where in their state has participated.
2. He/She shall perform the following drills before his final selection.
 - Skaters must complete 5 consecutive runs, hitting the railing each time covering the entire course of the rink for two minutes.
 - Skaters must complete 5 runs with side breaks covering the entire course of the rink for three 3 minutes.
 - Skaters must complete 5 runs with jumps and hurdles covering entire course of the rink for four minutes.
 - Skaters must complete 4 runs on their toes covering entire course of the rink for three minutes.
 - The number of players for Roller Hockey for Indian Team for International Championship shall be capped to 10 players without any reserve players.
 - Inline hockey teams for international tournaments will be a mix of senior and junior players, with **8 seniors + 8 juniors**.

Inline Freestyle:

Eligibility: Skaters eligible for participation in Inline Freestyle trials will be assessed based on the total points earned for participation in the respective event (which are similar to trial events) throughout the calendar year for Nationals/Championship/Games conducted by RSFI. Top four ranked skaters who have earned maximum points during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the event.

1. A skater has to participate in all championships conducted during the previous year by the RSFI.
2. A skater winning the event (getting 1st or 2nd place) in the selection trials does not qualify for selection.
3. He/She should perform Flawless elements as , Toe footgun spin, Toe back Christy, Toe Viper, Combos like : 3 Chicken Leg to 1 cone Back chicken leg to external shift to back 7, 3 cone back 7 to 1 cone back chicken leg, With a good choreography and seamless perfection before his final selection.
4. Points allotted for RSFI National Championship are 1st Place: 10 Points, 2nd Place 9 Points, 3rd Place 8 Points, 4th Place 7 Points. For other RSFI championships/Games the point system are 1st Place: 8 Points, 2nd Place 7 Points, 3rd Place 6 Points, 4th Place 5 Points.

Downhill & Inline Slalom (Alpine):

Eligibility: Skaters eligible for participation in Downhill & Inline Slalom (Alpine) trials will be assessed based on the total points earned for participation in the respective races (which are similar to trial races) throughout the calendar year for Nationals/Championship/Games conducted by RSFI. Top four ranked skaters who have earned maximum points during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the race.

1. A skater has to participate in all championships conducted during the previous year by the RSFI.
2. A skater winning the race (getting 1st or 2nd place) in the selection trials does not qualify for selection.
3. He/She should clock the timings equal to or less than 10% of the best timings of the race of the last world championship.
4. After achieving the qualifying time in the trials, the First Two skaters of each race in the trials will be selected for the camp and the third skaters will be considered for the camp only as a standby prior to the international event.
5. Points allotted for RSFI National Championship are 1st Place: 10 Points, 2nd Place 9 Points, 3rd Place 8 Points, 4th Place 7 Points. For other RSFI championships/Games the point system are 1st Place: 8 Points, 2nd Place 7 Points, 3rd Place 6 Points, 4th Place 5 Points.

Roller Derby:

Eligibility: Skaters eligible for participation in Rink and Inline Hockey trials will be assessed based on his/her performance throughout the calendar year of Nationals/Championship/Games conducted by RSFI. Best performed skaters who participated during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the event.

1. A skater has to participate in all championships conducted during the previous year by the RSFI where in their state has participated.
2. He/She shall perform the following drills before his final selection.
 - Skaters must complete 5 rounds covering the entire course of the rink for 90 seconds.
 - Skaters must complete 5 runs with breaks covering the entire course of the rink for three 180 seconds.
 - Skaters must complete 5 runs with jumps covering entire course of the rink for 240 minutes.
 - Roller Derby Team shall be of 15 players.

Skateboarding, Roller Freestyle & Scootering:

Eligibility: Skaters eligible for participation in Skateboarding, Roller Freestyle & Scootering trials will be assessed based on the total points earned for

participation in the respective event (which are similar to trial events) throughout the calendar year for Nationals/Championship/Games conducted by RSFI. Top four ranked skaters who have earned maximum points during the previous calendar year of the National/Championships/Games, only will be eligible to participate in the final selection trials for the event.

- a. A skater has to participate in all championships conducted during the previous year by the RSFI.

10.12:SELLING OF SKATING EQUIPMENTS: Only RSFI approved vendors are permitted to sell Skating equipments, costumes, accessories at the venue of the Championships and or at the place of Official Boarding & lodging. Persons desirous of doing so must take written permission from RSFI.

10.13:SOUVENIR: Articles to be published during the championship require clearance from RSFI prior to printing.

10.14:RSFI-HOST COORDINATING COMMITTEE DURING CHAMPIONSHIP: will consist of The President, Secretary of the host unit and Organising Secretary of The nationals and RSFI nominated officials.The committee will meet every night after conclusion of the events of the day to ensure smooth conduction of the championship.

10.15:PROGRAMME OF THE CHAMPIONSHIP: will be worked out by Technical Committees of the Federation and or its representative in consultation with the Hosts. The Organisers are to try and ensure that minimum 1 hour lunch break is to be given any time between 12 noon to 3 PM and no events are held preferably before 6am and after 8.30pm.

10.16:TECHNICAL COMMITTEES/OFFICIALS: may be deputed by RSFI to guide and control all the events with assistance of the State local organizers. Senior Roller hockey/Roller Inline women player of the current national team and who are qualified referees may officiate in the same national only for the Cadet, Sub junior, Junior and Masters age groups. Similarly The Masters Team member who is a qualified referee may officiate in the same nationals only for Senior, Junior, Sub Junior, cadet and Tiny tots age groups.

10.17: ALL PANEL REFEEERS /JUDGES MUST HAVE RSFI ANNUAL CERTIFICATION. All qualified referees/judges/coaches will be given RSFI certificate, ID card and set of rules.

The examination and seminar for referees/judges at Level I, Level II, and Level III will be conducted by RSFI. Candidates interested to take the Level I Referee/Judge examination must have officiated for at least three years at the district level or must be a District/State/UT/National participant.

Only qualified Level I referees are eligible to appear for the Level II examination, and only qualified Level II candidates are eligible to appear for the Level III examination. Candidates must be fluent in one of RSFI's two official languages (English or Hindi) and must be under fifty (50) years of age as of December 31st of the examination year.

Eligible candidates will be examined by a RSFI team as follows:

- i) First Day: Reporting and Seminar.
- ii) Second day: Seminar
- iii) Third day: Seminar
- iv) Fourth Day: Written test for 100 minutes for 100 marks to know about the knowledge of the game and its rules and regulations.
Candidates who succeed in the above test (Level - I) will be observed and evaluated in their capacity as District/State Judge in the different tasks of the jury. Those who succeed in Level - II & III will be observed and evaluated in their capacity as National Judge.
- iv) Candidates who pass such exams Level - I/Level - II will be registered as District/State/National Judges and can be nominated for District /State/National/Open National/Inter District (for other States) competitions. Level - II and III qualified candidates will only be nominated for National/Open National and other state competitions.
- v) Registration and Annual Renewal Fee for Level - I, II & III Judges:
Candidates appearing for the examination have to pay a registration fee of Rs.2000/-. Annual Renewal Rs.1000/-. Candidates appearing for the exam have to make their own arrangement for Boarding, lodging and local transportation.
- vi) If a Level - I, II & III Judge does not officiate at State or National levels for Three (3) consecutive years, his commission will be revoked. If a Judge is not up-to-date with the payment for three (3) years, after three (3) years his commission will be revoked. In both cases, he must reappear for the exam.
- vi) In case if the State/Ut has less number of technical officials for conduct of the State/Ut/district Championship. The state/District may inform and invite those who have officiated in the National Championships to officiate at State/Ut/District championship.

10.18:TEAM MANAGERS AND COACHES: Each team is allowed one manager, one lady manager (if girls are participating) and one coach. The Manager and Lady Manager must Compulsorily be present during the Managers meeting during the Championship/Tournaments. In case if the championship is held in multiple state/Ut then one more Manager/Lady Manager/coaches may be nominated by the State /Ut Associations.

10.19:UNIFORM OF OFFICIALS: All technical officials nominated for the Nationals Championship should wear the uniform supplied by the RSFI/Host/Sponsors.

10.20:OTHER RULES AND REGULATIONS: Approved by RSFI all though not Contained herein shall be in force as per RSFI Constitution.

10.21: JURISDICTION: All disputes relating to and or arising out of the rules and regulations mentioned above and or in conduction /organization of the championships shall only be referred to the High court at New Delhi where H.O of the RSFI is situated.

10.22:IMPORTANT NOTE:Decision of RSFI jury of appeal in any championship /Tournaments will be final and binding on all participants and officials.

10.23:SELECTION OF STATE-UT/DISTRICT/CLUB/INSTITUTE/TEAMS:

a) State/U.T Team for National Championship shall be selected from State/U.T Championships only. The State/UT Championship shall be conducted with advanced notifications and vide publicity of the same. State/Uts must inform the respective government department/sports council and RSFI of the championship. The selection of the State/UT team will be selected from this championship.

b) States/Uts shall conduct all events of every discipline as per RSFI 11RR and **annexures**. If the State/Ut fail to conduct the events as per the annexure the results shall be null and void and may lead to disciplinary action against the earring association.

c) District/State Championship entry shall be done online through RSFI Portal.

d) State/UT Championship conducted without the RSFI observer shall be null and Void. RSFI may take action against such State/UT Association.

10.24:TWO WEEKS CAMPS PRIOR TO PARTICIPATION IN CHAMPIONSHIP: should preferably be organized by State-UT/Dist. Association.

10.25:CHAMPIONSHIP COMMITTEE: will scrutinise all the entries and supervise compliance of formalities with assistance of the State/District/ Club/ Institution/Local Organisers.

10.26:JURY OF APPEAL: Consists of RSFI nominated Chairperson, RSFI President, General Secretary, Technical Committee Chairperson of the respective discipline, the Organising Secretary of the championship, the Championship director, Chief referee, Athletic commission member and member of RSFI legal committee or their representatives.

10.27:ADVANCED COACHING ABROAD: Any skater seeking individual advanced training abroad must apply to Federation through proper channel 1 months in advance of the proposed journey furnishing details as per Annexure- IV (for taking permission from Federation).

ELIGIBILITY:

- Participation of the last 2 Nationals or any Championship organised by RSFI.
- The skater/s concerned shall not have any record of indiscipline for the last 5 years in the District/State/U.T. Association/National Level.
- The skater/s shall give an undertaking to the effect that he/she shall attend the National Championship/Indian Team selection trials & Camps .
- There must be an invitation letter from the training body/coach.

NOTE: When permission is given, on return the skater must submit to the Federation a tour report with achievements.

- a) During the tour if the skater uses the opportunity to meet coaches/skaters or attend skating meets, camps/seminars it shall be under his or her individual capacity and not as a representative/member of the Federation/Indian Team.

11.00 CLUB-DISTRICT-UT ZONES-STATE-UT FORMATION

A) State-UT-UT zones- District Association and Club shall be registered with charity commissioner/registrar of societies. They will follow the Memorandum

of Association, rules & regulations strictly as per the Model made out by RSFI and as per guidelines of RSFI.

B) State association must constitute of 50 % of the existing districts in the state as its only voting members. The UT association must constitute of 2 to 5 UT zones as per RSFI guidelines and these Zones only will be its constituted voting members. Small States who do not have Districts may be allowed to follow the rules of UT zones as per guidance of RSFI.

RSFI C) State-UT Association must send 30 days notice by speed post/email to prior to holding their State/UT Championships and or conducting their Annual General Meeting-Special General Meeting-Election Meeting. The said notice must contain agenda of the meeting, copy of the minutes of their last AGM-SGM-EM, annual report, names-addresses-phone nos. of the voting members. State-UT Association AGM should be held once in a year and election meeting once in four years. Same pattern to be followed by UT zones-District Association and Club. Those units not following the above guidelines may be suspended and or their affiliation withdrawn by the Federation.

D) Districts are classified in 3 categories as below: -
 Those having population under 10 lacs to have at least 2 affiliated clubs.
 Those with population 10 to 20 lacs to have at least 3 affiliated clubs.
 Those with population 20 lacs and above to have at least 5 affiliated clubs.
 Voting right of District shall remain only with its affiliated clubs formed as per RSFI guidelines.

E)The District-UT zone association will invite Schools, Colleges, other institutions and corporate bodies (which promotes Skating on regular basis) as Invitee members without voting rights. The membership charges in this respect to be decided by the state body from time to time while keeping RSFI informed. Schools, Colleges, other institutions and corporate bodies may form clubs as per RSFI model.

F)The District-UT zone association shall organise at least 2 competitions at District-UT zone level every year. Minimum 1 month notice shall be sent prior to the date of the event to each affiliated clubs-nominee members and State Body by way of speed post/email as well as a press note must be put out in the popular local news paper announcing the same.

G) Each District-UT zone must make efforts in rotation to host the State-UT Championship.

H) The club shall constitute of the following voting members who reside in the city/town where the club is located:

- i) Maximum 3 persons who are RSFI Registered Coaches/Referees/ Judges, one each to be taken from each skating discipline.
- ii) Maximum 3 district/State/National level retired skaters who undertake to devote sufficient time to promote skating, one each to be taken from each skating discipline.
- iii) One lady Social Worker of the district.
- iv) 1 Ex-Officio from State-District Association (from any part of state)

v) Maximum 3 RSFI Invitee Members who are from the concerned state

In areas where persons from Category "a, b, c, d" are not available, RSFI Invitee Members will be allowed to start the club initially. It is expected that in 2 years the above categories i.e. a, b, c, d shall be brought in to the being. In areas where "e" is also not available, RSFI shall itself promote skating.

I) A club should have minimum 20 Registered skaters who must participate in the club's annual competitions every year. The club must ensure the following: -

It must arrange "smooth, non-slippery, non-adhesive surface fit for roller skating" having dimensions of at-least 36 mtrs. X 18 mtrs, where the registered skaters of the club can regularly practice skating.

Avail equipment necessary for skating.

Organise annually 2 coaching camps of 1 week each with state level RSFI registered coaches preferably for all the disciplines with 30 days prior information by speed post/email to the District-State Association.

Organise well publicised 2 competitions annually in local area with 30 days prior information through speed post/email about the same to District-State Association. 1st competition will be at Club level and 2nd one for selection for District Championships.

J) RSFI shall send to each State-UT association annual booklet having rules of the game including the information on skating equipment along with suggested price list etc. The booklet is to be passed on by them through District-UT zone Association to the clubs. The clubs in turn will pass on the same to their registered skaters as well as put up the same on their notice board, well visible to all skaters.

12.00 CHAMPIONSHIP APPLICATION/NOTIFICATION:

12.01: APPLICATION FOR NATIONAL/STATE-UT LEVEL CHAMPIONSHIPS:

To organise National/National Ranking Championship/National Inter District/India Skate Games require approval of RSFI, similarly for organising State-UT Championships/State/UT Ranking tournaments/State Inter Club/State Roller Games require approval of RSFI recognised STATE-UT unit. Wherever RSFI Unit does not exist in a State-UT then application is to be sent to RSFI.

12.02: SUBMISSION OF DETAILS FOR PROPOSED CHAMPIONSHIP:

The application must be sent submitting all details as per Clauses 12.03, 12.04, 12.05 to 12.11.

12.03: PROPOSED BUDGET/STATE COUNCIL CLEARANCE SUPPORT: With details of sponsor/s and a declaration to submit to RSFI.

12.04: LIST OF CURRENT OFFICIALS: of the unit applying for Championships with their address/phone/email id etc.

- 12.05: INSPECTION/APPROVAL OF CHAMPIONSHIP VENUE:** On receiving the application along with capitation Fee, RSFI may depute its Official/s to inspect the venue of the Championship. T.A./D.A. to the deputed official/s shall be met by the Organisers. If RSFI is satisfied with the application/inspection report, then the allotment letter will be given to the Organisers.
- 12.06: CHAMPIONSHIP CORRESPONDENCE:** Only after obtaining the allotment letter of RSFI the Organisers shall correspond with RSFI units. Correspondence with Central Government and its Bodies and all other National Level bodies will be done only by RSFI.
- 12.07: ENTRY FORMS/INVITATION:** After allotment of the Championship RSFI will send the password for online registrations of entry forms to all the Units. The organisers will send the invitation to RSFI Units with Championship details as per Clause 12.08 to 12.20, usually 45 days prior to the Championships.
- 12.08: TITLE:** (Name of the Championship)
- 12.09: VENUE:** Address/s – Phone nos./email id of the Organizing Secretary/the Rink/Road/Reporting place. Attach City Map.
- 12.10: DATES:** Reporting/Opening/Closing dates of the Championships.
- 12.11: RINK RACE SITE:** Size/s, type of floor/s, covered/uncovered; type of railing/barriers around the Rink keeping the Rink Hockey requirements in mind; Lighting arrangements for skating in the night, dressing rooms, toilets, seating capacity, air cooled/exhaust fan, catering arrangements, water supply, office space, uninterrupted electricity, supported generator and P.A system.
- 12.13 ROAD RACE SITE:** Open or closed circuit, cement/tarmac surface, width of course, lap distance, gradients if any, give proper Sketch.
- 12.14: PROPOSED EVENTS/AGE GROUPS/NUMBER OF PARTICIPANTS:**
To be given in detail.
- 12.15: ACCOMODATION DETAILS:** Regarding Hotels / Service apartments with tariff, contact numbers should be provided in advance.
- 12.16: BOARDING DETAILS:** Details regarding subsidized food.
- 12.17: TRANSPORTATION DETAILS:** Mode of transportation available.
- 12.18:CLIMATE/ SEASON:** Minimum/Maximum temperature, clothing suggested, Umbrella requirements.
- 12.19: CHAMPIONSHIP EXTRA AWARDS:** Give details of awards other than routine Medals and Certificates.
- 12.20: RINK AVAILABILITY FOR PRACTISE:** Two day prior to thenChampionships is to be confirmed by the Organiser.

12.21: VIDEOGRAPHER: Availability during conduction of all events is to be confirmed by the Organisers, one free copy of all videotapes shall be provided to RSFI.

12.22: OPENING & CLOSING CEREMONY: Program details are to informed by the Organisers.

12.23: MEDICAL AID TEAM: Availability throughout the Championship is to be confirmed by the Organisers.

12.24: MEDIA COVERAGE: Organisers to inform what special efforts are being made to get maximum coverage over News & Electronic Media.

12.25: OTHER ARRANGEMENTS:

- a) Security at accommodation/rink/road sides.
- b) Emergency lights/generators/fire fighting equipment
- c) Notice board at accommodation & rink
- d) Availability of Equipment desired by the Technical Committees
- e) Flag hoisting/Placards for RSFI Units.
- f) Separate enclosures for (i) Teams, (ii) Press, (iii) Jury of Appeal, (iv) Technical Officials, (v) Medical Team, (vi) VIP's, (vii) Sponsors & Special Invitees.
- g) Badges to Officials.
- h) Chest Numbers to participants (starting from 101).
- i) Send daily news by Fax, Telex, Telephone, Courier, etc to the Press/AIR/Doordarshan. Newspaper cuttings to be sent to RSFI.
- j) Championship Banners to be displayed at Venue, Accommodation, Bus- Stand, Railway Station and other important places.
- k) Refreshments to officials during meeting time & Championship.
- l) Permission for conducting road races.

13.00: PRESENCE OF RSFI OFFICIALS/NOMINATED OFFICIALS/PRESIDENT & SECRETARY OF EVERY ASSOCIATION DURING NATIONALS:

NATIONALS: All RSFI Executive Committees & Technical Committees are expected to be present during National Championships.

14.00: FOR FURTHER CLARIFICATION/INFORMATION: Write to RSFI Secretariat, A-695, Shastri Nagar 110052. Tel. Nos. 011-23647788E-mail address: rsfi@indiaskate.com

15.00: ANNEXURE: Technical details age groups shall be as per the Annexure and General Rules for each discipline.

-RSFI Secretariat
A 695, Shastri Nagar,
New Delhi - 110052.





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युवा कार्यक्रम और खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS AND SPORTS



SPEED SKATING DISTANCES (in meters) - RACES and AGE GROUP - w.e.f 1st January 2025 (Reference 11 RR annexure - A)

AGE GROUP	QUAD TRACK RACES			QUAD ROAD RACES		INLINE TRACK RACES								INLINE ROAD RACES					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
	RINK I	RINK II	RINK III	ROAD I	ROAD II	RINK IV	RINK V	RINK VI	RINK VII DUEL TT*	POINTS **	ELEM **	RELAY	MIXED RELAY+	ROAD III	ROAD IV	ROAD V ***	POINTS	ELEM.	Marathon
Cadet																			
06 to 08	1 Lap +D	2 Laps+D	3 Laps	--	--	1 Lap +D	2 Laps+D	3 Laps	--	--	--	--	--	--	--	--	--	--	--
08 to 10	1 Lap +D	500 + D	4 Laps	1 lap	--	1 Lap +D	500 + D	1000	--	--	--	--	--	--	1 lap	--	--	--	--
10 to 12	1 Lap +D	500 + D	1000	1 lap	--	1 Lap +D	500 + D	1000	--	--	--	--	--	--	1 lap	--	--	--	--
Sub Junior																			
12 to 15	--	500 + D	1000	1 lap	1500	--	500 +D	1000	200	5000	--	3000	4000	100	1 lap	3000	--	--	--
Junior																			42K
15 to 18	--	500 + D	1000	1 lap	3000	--	500 +D	1000	200	5000	10000	3000	4000	100	1 lap	--	10000	15000	
Seniors																			
Above 18	--	500 + D	1000	1 lap	3000	--	500 +D	1000	200	5000	10000	3000	4000	100	1 lap	--	10000	15000	
Masters																			
Above 35*	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	10K

Important Notes:-

- Maximum Skaters allowed in the Cadet for each Age Group from each State/U.T. in both Boys and Girls events are 3 each for Quads and Inline races ; therefore maximum number of 36 Skaters i.e. (Boys 18 + Girls 18) are allowed to take part from a team participating in all events in all age groups.
- From each Unit, Cadet skaters (Quad and Inline) of the age group 6 - 8 years Boys & girls can take part in 2 out of 3 races, (Quad and Inline) skaters of the age group 08 - 10 and 10 - 12 years Boys & Girls, can take part in 3 out of 4 races, with not more than 2 skaters taking part in each race.
- Maximum Skaters allowed for Sub Junior, Junior and Senior Age Groups from each State/U.T. in both Boys and Girls events are 3 each for Quads and 4 each for Inline races ; therefore maximum number of 42 Skaters i.e. (Boys 21 + Girls 21) are allowed to take part from a team participating in all events in all age groups.

4. From each Unit's Team, a Quad skater of Age Group 12-15, 15-18 & Above 18 yrs can take part in maximum 3 out of 4 races with not more than 2 skaters taking part in each race.
5. From each Unit, Inline skaters of the Age Group 12 - 15 (SUB JUNIORS), can take part in 3 out of 7 races and skaters of the Age Group 15 - 18 and Above 18 (JUNIORS & SENIORS) can take part in 4 out of 9 Inline races with not more than two (2) skaters taking part in each race.
6. (i) RELAY RACE: A Relay Team Consists of a minimum of three (3) and a maximum (4) skaters of the age groups 12 - 15 (SUB JUNIORS), 15 - 18 (JUNIORS) and Above 18 (SENIORS). All those Relay Team Skater are entitled to receive medal and certificated only if they have participated at some stage (Series, QF, SF or Final) in the relay race. Skaters who has not participated at any stage in the relay race are not entitled for the certificate and medal.
7. Maximum Skaters allowed in the Masters age group from each State/U.T. in both Men and Women events are 3, therefore maximum number of 6 Skaters i.e. (Men 3 +Women 3) are allowed.
8. Participants of previous Speed National Championships are only allowed to take part in Master Age Group.
9. Inline skaters are not allowed to take part in Quads races similarly Quad skaters are not allowed to take part in Inline Races.
10. ** Track, Points (5 K) and Elimination(10 K) races may be conducted on Road wherever Bank Track is not available.
- 11.*** Road V 3000mts race on road for the age group 12-15 inline boys & girls is a road race (Not elimination)
12. In case of a bank Track, it should preferably be 6 meters wide and a lap should normally be of 200 meters.
13. Road Races and Relay Races are to be conducted subject to availability of proper infrastructure.
14. Relay races are to be conducted only on 175 to 200 meter Bank or Flat Track.
15. INDIA SKATE (RSFI) Speed Technical Committee General Regulations and Updated World Skate(FIRS) World Speed Skating rules Shall be followed for conducting all races .
16. One Lap on the track: The Track should not be shorter that 50 meters and longer than 200 meters. It can be a flat or banked track. The start and finish should be at the same point, Start and Finish on the bend should be avoided.
- 17.* Club/District/State level competitions, where 200 meters track is not available, the 200 mts DUEL TT can be conducted as a time trial event. Howere the participants selected, have to participate in the National level competitions as a duel TT event.
18. For other details please refer to General Rules for Speed Skating 2025.

Note: The races will not be conducted if the total number of participants/teams in the particular age group are less than three (3) from three different States/UT's.





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MINISTRY OF
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ARTISTIC SKATING - For 2025 revised (Reference 11 RR annexure - B) For Nationals

AGE GROUP	FREE skating		PAIR SKATING	DANCE		INLINE	TEAM			Minimum points for Medal
	1	2	4	4	5	6	7	8	9	
	FREE SKATING	FIGURE	PAIR	SOLO	COUPLE	In Line FREE	QUARTET	PRECISION	SHOW GROUP(junior and small)	
Cadet										
6 to 8 Cadet B & G	2	2	4	2	4	--	QUARTET			2
8 to 10 Cadet B & G	2	2	4	2	4	2	QUARTET	PRECISION 10 skaters	SHOW GROUP 6 to 10 skaters	3
10 to 12 B & G Cadet	2	2	4	2	4	2	QUARTET			4
12 to 15 B & G Sub-Jr	2	2	4	2	4	2	QUARTET	PRECISION 8 skaters	SHOW GROUP 6 to 8 skaters	4
15 to 18 B & G Junior	2	2	4	2	4	2	QUARTET			5
								PRECISION 8 skaters	SHOW GROUP 6 to 8 skaters	
Above 18 M & W Senior	2	2	4	2	4	2	QUARTET			5

Important Notes:-

1. Maximum Skaters allowed in each Age Group from each State/U.T. each in both Boys and Girls individual events are 2 per age group for all events
2. Maximum entries allowed in all age groups from each state / UT for Pair Skating as well as Couple Dance are 2 per age group
3. Quartet team will be of 4 skaters plus one reserve. Before event the reserve player will be tested to check if it is a real entry and not a dummy entry. Any four skaters in the team should be fully prepared
- 4. From each Unit, for all Age groups skaters can take part in any 3 out of 5 events. Events are given below. However, Quad skater cannot participate inline and vice versa.**
 - 5a. Dance – Solo& Couple**
 - 5b. Free Skating – Quad or Inline**
 - 5c. Figures**
 - 5d. Pair Skating**
 - 5e. Quartet**
6. From each Unit, Cadet, Subjunior, Junior and Senior Age groups skaters can additionally take part in the Team Events (Precision and Show Group)
7. The minimum marks criteria will be applicable for awarding medals
8. For all events including team events there should be 3 and more participants or teams and 2 states participating. The minimum marks criteria will be
9. Maximum Two teams are allowed in each Age Group from each State/U.T. for all Team Events
10. For Cadet and Juniors Minimum marks required for qualifying for International events will be: Cadet 4.5 Marks, Junior 5.0 and Seniors 6.0
11. From 2025 Nationals a State Association that will enter a Male athlete in the Solo Dance Category whether he is a junior or Senior, will have to enter also a
12. From 2025 Nationals each State should compulsarily send a minimum of 1 pairs in total
13. For Pair Skating the Girl could be in the same age group or 1 lower age group as compared to the boy.
14. All efforts will be made to implement roll art for 2026 championships provided we have the resources for the same.
15. For quartet the skaters should have participated in atleast one individual event like Free or solo dance
16. For Show group and Precision at least 3 skaters should have participated in any of the solo events like Free, solo dance, couple dance, pairs skating.





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MINISTRY OF
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ARTISTIC SKATING – For 2025 revised (Reference 11 RR annexure – B) For Open Events										
AGE GROUP	FREE skating		PAIR	DANCE		INLINE	TEAM			
			SKATING							
	1	2	4	4	5	6	7	8	9	10
	FREE SKATING	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	PRECISION	SHOW GROUP(junior and small)	Minimum Points for Medal
Cadet										
6 to 8 Cadet B & G	FREE	FIGURE	PAIR	SOLO	COUPLE	--	QUARTET	PRECISION 10 skaters	SHOW GROUP 6 to 10 skaters	1.5
8 to 10 Cadet B & G	FREE	FIGURE	PAIR	SOLO	COUPLE	Free	QUARTET			2
10 to 12 B & G Cadet	FREE	FIGURE	PAIR	SOLO	COUPLE	Free	QUARTET	PRECISION 8 skaters	SHOW GROUP 10 skaters	2.5
12 to 15 B & G Sub-Jr	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET			3
								PRECISION 8 skaters	SHOW GROUP 8 skaters	3.5
15 to 18 B & G Junior	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET			
Above 18 M & W Senior	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET			4

Important Notes:-

1. Maximum Skaters allowed in each Age Group from each State/U.T. each in both Boys and Girls individual events: No limit & can send as many as they want
2. Maximum entries allowed in all age groups from each state / UT for Pair Skating as well as Couple Dance are: No limit
3. Quartet team will be of 4 skaters plus one reserve. Before event the reserve player will be tested to check if it is a real entry and not a dummy entry
- 4. From each Unit, for all Age groups skaters can take part in any 3 out of 5 events. Events are given below. However, Quad skater cannot participate inline and vice versa.**
 - 4a. Dance – Solo& Couple**
 - 4b. Free Skating – Quad and Inline**
 - 4c. Figures**
 - 4d. Pair Skating**
 - 4e. Quartet**
5. From each Unit, Cadet, Subjunior, Junior and Senior Age groups skaters can additionally take part in the Team Events
6. For all Team events, the event will be conducted only if there are 2 and more teams and 3 states participating. The minimum marks criteria will be applicable for awarding medals
7. For Cadet and Juniors Minimum marks required for qualifying for International Open events will be: Cadet 3.5 Marks, Junior 4.0 and Seniors 4.5
8. For Pair Skating the Girl could be in the same age group or 1 lower age group as compared to the boy.
9. All efforts will be made to introduce roll art for 2026 championships provided resources are available





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ROLLER & INLINE HOCKEY AGE GROUPS - w.e.f 1st January 2025 (Reference 11 RR Annexure - C)

AGE GROUP	HOCKEY		
	1	2	3
	ROLLER HOCKEY Minimum 6 Players (4 players + 2 Goal Keepers) Max 10 Players (8 Players + 2 Goal Keepers)	INLINE HOCKEY Minimum 6 Players (4 players + 2 Goal Keepers Max 12 Players (10 Players + 2 Goal Keepers)	ROLLER HOCKEY MIXED TEAM Minimum 6 Players [4 players, (2 Female + 2 Male) + 2 Goal Keepers, (1 Female + 1 Male)] Max 10 Players (8 Players + 2 Goal Keepers)
Tiny Tots			
06 to 09	YES	YES	NO
Cadet			
09 to 12	YES	YES	YES
Sub Junior			
12 to 15	YES	YES	YES
Junior			
15 to 18	YES	YES	YES
Seniors			
Above 18	YES	YES	YES
Masters			
Above 35	YES	YES	NO



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Important Notes:-

1. Maximum Teams allowed from each State/UT in Roller Hockey per each age group 06-09, 09-12, 12-15, 15-18, Above 18, & Above 35 (Masters groups) in both Boys & Girls, Men & Women is one.
2. In a Roller Hockey match, only two players can participate with Inline skates.
3. Maximum Teams allowed from each State/UT in Inline Hockey per each age group 06-09, 09-12, 12-15, 15-18, Above 18, & Above 35 (Masters groups) in both Boys & Girls, Men & Women is one.
4. Roller Hockey Team skaters cannot take part in Inline Hockey Team and vice versa.
5. Mixed Roller Hockey Team consists of 10 payers (5 Boys/Men and 5 Girls/Women) with a minimum of two Goal Keepers (Goal Keepers shall be 1 Boy & 1 Girl and 1 Men & Women).
6. Team members of Roller Hockey Team (both Boys & Girls/Men & Women) are only allowed to participate in the Mixed Roller Hockey Team Event. If there is only girls/women team participating in the nationals then there cannot be mixed hockey team and vice versa.
7. A minimum of two Girls/Women (other than the Goal Keeper, If the goal keeper is a girl/women) shall always be part of the playing team in the rink during the entire course of the match.

Note: The event will not be conducted if the total number of Teams in the particular age group are less than three (3).



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FREESTYLE AND OTHER EVENTS AGE GROUP
- w.e.f 1st January 2025 "D" AND "E" (Reference 11 RR annexure - D & E)

	ANNEXURE - D			ANNEXURE - E					
AGE GROUP	Inline Freestyle			Roller Freestyle#	Skateboarding#	Down Hill	Inline Slalom (Alpine)	Roller Derby	Roller Scooter (Scooter) #
	1	2	3	4	5	6	7	8	9
	Speed Slalom	Classical slalom	Pair Slalom			Can participate in both		Min. 8 players, Max. 12	
Cadet									
06 to 08	---	---	---	---	YES	---	---	---	---
08 to 10	YES*	YES*	---	---	YES	---	---	---	---
10 to 12	YES	YES	---	---	YES	---	---	---	---
Sub Junior									
12 to 15	YES	YES	YES	YES	YES	YES	YES	YES	YES
Junior									
15 to 18	YES	YES	YES	YES	YES	YES	YES		
Seniors									
Above 18	YES	YES	YES	YES	YES	YES	YES	YES	
Masters									
Above 35	--	--	---	---	YES	--	--	--	

Important Notes:-

1. Inline Freestyle events for 08 – 10* years boys & girls are Speed Slalom* & Classic Slalom* only up to State/UT level. A Maximum of 2 skaters are allowed from each District unit in both Boys and Girls for each events. Therefore, maximum number of 8 skaters (i.e.4 Boys + 4 Girls) are allowed.



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2. For Nationals Inline Freestyle events for 10 - 12 years boys & girls are Speed Slalom & Classic Slalom. A Maximum of 2 skaters are allowed from each State/UT unit in both Boys and Girls for each events. Therefore, maximum number of 8 skaters (i.e. 4 Boys + 4 Girls) are allowed.
3. Inline Freestyle events for age group 12 - 15, 15 - 18, Above 18 years boys & girls/Men & Women are Speed Slalom, Classic Slalom & Pair Slalom. A total of 02 male skaters and 02 female can participate in Speed Slalom, and 02 male and 02 female skaters can participate in Classic Slalom, from each State/UT unit. Out of these 08 skaters, one pair can be formed to participate in Pair Skating from each state/UT in each age group of 12-15, 15-18, and Above 18 in these age group with any of the given combinations, 2 Boys or 2 Girls or 1 Boy and 1 Girl.
4. A skater can participate in a maximum of two (2) out of three (3) Inline freestyle events.
5. Maximum skaters allowed in the age group 12 - 15, 15 - 18 and Above 18, boys and girls/Men and women of Roller Free style from each State/UT are two (2). Maximum skaters allowed from each unit in Roller Freestyle are 12 (6 boys + 6 girls)
6. Maximum skaters allowed for Skateboarding for all the age groups, boys & girls, men & women from each State/UT unit are 2. A total of 28 skaters (14 male + 14 female) are allowed.
7. Maximum Skaters allowed from each State/UT in of Down Hill & Inline Slalom (Alpine) in the Age Group 12 - 15, 15 - 18 and Above 18 years boys and girls, men & women are two, Skaters taking part in Downhill are also allowed to take part in Alpine and vice versa. Maximum skaters allowed from each unit in both Down hill & Inline Slalom (Alpine) are 24 (12 boys + 12 girls)
8. Maximum of teams allowed from each age group for Roller Derby 12 - 18, Girls, and Above - 18, Men/Women are one (1) from each State/UT.
9. Maximum skaters allowed for Scootering and Skate Cross* for the Age group Above - 12 both male and female



10. from each State/UT are 2. Dimensions of scooter are as per world skate regulations.
11. *Skate Cross is only a demo event.
12. # Competition for Roller Freestyle, Skateboarding & Roller Scooter competition are held for Street & Park. A rider can participate in both (street & park), however maximum skaters allowed for Roller Freestyle, Skateboarding & Roller Scooter for all the age groups, boys & girls, men & women from each State/UT unit are 2
 Note: The event will not be conducted if the total number of participants/teams/pairs in the particular age group are less than three (3) from three different states/UTs.





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Sport in the Olympic programme



AGE GROUPS AND DISCIPLINE - CHART - 11 RR ANNEXURE - F w.e.f., 01.01.2025

AGE GROUPS	DISCIPLINES													
AGE GROUP FOR THE YEAR 2025-2026	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	SPEED-QUAD	SPEED-INLINE	ARTISTIC	ROLLER HOCKEY	INLINE HOCKEY	ROLLER HOCKEY MIXED	INLINE FREESTYLE	INLINE ALPINE	INLINE DOWNHILL	ROLLER FREESTYLE	ROLLER DERBY	SKATEBOARDING	SCOOTER RING	SKATE* CROSS
6 to 8 Cadet B & G	YES	YES	YES	YES 6 to 9 Cadet	YES 6 to 9 Cadet	NO	NO	NO	NO	NO	NO	YES	NO	NO
8 to 10 Cadet B & G	YES	YES	YES	YES 9 to 12 Cadet	YES 9 to 12 Cadet	YES 9 to 12 Cadet	UPTO STATE	NO	NO	NO	NO	YES	NO	NO
10 to 12 B & G Cadet	YES	YES	YES				YES	NO	NO	NO	NO	YES	NO	NO
12 to 15 B & G Sub-Jr	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	12 - 18 JUNIOR	YES	ABOVE 12	ABOVE 12
15 to 18 B & G Junior	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	GIRLS (ONLY)	YES		
Above 18 M & W Senior	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
Above 35 - M & W Masters* (Only Eligible Candidates)	YES	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO



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ENTRY FEE ANNEXURE - G

SPEED SKATING

Description	Dt Level	State Level	National Level
Per Age Group per skater	Rs. 500/-	Rs. 700/-	Rs. 750/-
Relay per team per age group	Rs. 2000/-	Rs. 2800/-	Rs. 3000/-
Mixed Relay per age group	Rs. 2000/-	Rs. 2800/-	Rs. 3000/-
Marathon par skater	Rs. 500/-	Rs. 700/-	Rs. 750/-

ARTISTIC SKATING

Description	Amount	Amount	Amount
Per Age Group per skater Free/Figure/Solo	Rs. 500/-	Rs. 700/-	Rs. 750/-
Per Age Group per Skater Inline	Rs. 500/-	Rs. 700/-	Rs. 750/-
Pair Skating - per age group - per pair	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-
Couple Dance - per age group - per couple	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-
Quartet - per age group - per team	Rs. 2000/-	Rs. 2800/-	Rs. 3000/-
Precision Sub Junior - Per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Precision Junior - Per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-
Show Group Cadet & Sub Junior - per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Show Group Junior per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-

ROLLER HOCKEY

Description	Amount	Amount	Amount
Per Age Group per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Mixed Team per age group per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-

INLINE HOCKEY

Description	Amount	Amount	Amount
Per Age Group per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-

INLINE FREESTYLE SKATING

Description	Amount	Amount	Amount
Per Age Group per skater speed Slalom	Rs. 500/-	Rs. 700/-	Rs. 750/-
Per Age Group per skater classic Slalom			
Pair Slalom	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-

SKATEBOARDING

Description	Amount	Amount	Amount
Per Age Group per skater	Rs. 500/-	Rs. 700/-	Rs. 750/-

ROLLER FREESTYLE, DOWN HILL, ALPINE

Description	Amount	Amount	Amount
Per Age Group per skater per event	Rs. 500/-	Rs. 700/-	Rs. 750/-

ROLLER DERBY

Description	Amount	Amount	Amount
Per Team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-



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AGE GROUP WISE REQUIREMENT for 2025

	RSFI 6 to 8	RSFI 8 to 10	RSFI 10 to 12	RSFI 12 to 15	RSFI 15 to 18	RSFI Above 18
Figure	world skate Tots	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Free	world skate Tots	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Inline	NA	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Pair	world skate Tots	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Solo Dance	world skate Tots	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Couple Dance	world skate Tots	world skate Mini	world skate Espoir	world skate Cadet	world skate Junior	world skate Senior
Quartet	world skate Cadet			world skate Junior		world skate Senior
Precision	NA	World skate Junior			world skate Senior	
Show	NA	Small groups			Small groups	

FOR DETAILS ON THE TECHNICAL ELEMENTS, WORLD SKATE RULES FOR THE RELEVANT EVENT TO BE REFERRED

AGE GROUP: 6 TO 8 YEARS - world skate Tots

FIGURES: Any 1 group to be drawn by lots

Group 1	1 a/b	4 a/b
Group 2	2 a/b	3 a/b

Figure no.	A / B	Figure	A Direction	B Direction
1	a /b	Circle Eight	ROF – LOF	LOF - ROF
2	a /b		RIF – LIF	LIF -RIF
3	a / b		ROB – LOB	LOB – ROB
4	a /b		RIB – LIB	LIB - RIB

FREE SKATING: 2:30 +/- 10 sec

- A maximum of twelve (12) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations of maximum four (4) jumps are allowed. The same jump cannot be presented more than three (3) times.
- Two (2) spin elements must be performed. One of them MUST be a combination spin.
Combination spins can have a maximum four (4) positions. ONLY upright positions and sit positions are allowed. Biellmann positions are not allowed. The two spins must be different
- One (1) footwork sequence maximum level 1. To achieve level 1 Tots must have one of each of four (4) steps and turns confirmed: Inside Three Turn, Outside Three turn, Open Mohawk, Traveling (one clockwise and one anticlockwise allowed, only one will be counted toward the level) maximum thirty (30) seconds.

PAIR SKATING: 2:00 minutes +/- 10 seconds.

- One (1) side by side jump (not in combo). Just one (1) rotation jumps can be performed.
- One (1) side by side combo jump with a maximum of 3 jumps. Just one (1) rotation jumps can be performed.
- One (1) side by side one position or combo spin, selected from uprights (maximum of two (2) positions if combo spin).
- One (1) contact spin: one (1) position selected from uprights.
- One (1) footwork sequence maximum level 1. To achieve level 1 Tots **must have one of each of the four (4) steps and turns confirmed:** Inside Three Turn, Outside Three turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed, only one will be counted toward the level) maximum thirty (30) seconds.
- LIFTS ARE NOT ALLOWED.

SOLO DANCE:

	TOTS			
Compulsory	And Foxtrot			
Free Dance	Artistic Sequence	Travelling	Choreo Stop	Choreo. Step
	Max. Level 1	Max. Level 1	-	Yes

One (1) compulsory dance.

Free dance of 2:00 minutes +/- 10 seconds.

- Artistic sequence: maximum 30 seconds. To achieve the level the skater must have one of each of four (4) steps and turns confirmed: Inside Three Turn, Outside Three turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed to be performed, only one will be counted toward the level) maximum 30 seconds.
- Traveling sequence, maximum level 1, 15 seconds.
- Choreographic sequence, maximum 30 seconds.

Couple Dance:

TOTS			
Compulsory	And Foxtrot		
Free Dance	Travelling	No Hold	Choreo. pose
	Max. Level 1	Max. Level 1	2

One (1) compulsory dance.

Free dance : 2:30 minutes +/- 10 seconds.

Set elements that MUST BE included in free dance program are:

- One (1) Dance No Hold Footwork Sequence: maximum 30 seconds.
- One (1) Traveling sequence. Maximum 15 seconds.
- Two (2) Choreo poses (same value as Choreo Lifts).

AGE GROUP: 8 to 10 YEARS - World Skate Mini

FIGURES: Any 1 group to be drawn by lots

Group 1	8 a/b	11	14
Group 2	9 a/b	10	14

Figure no.	A / B	Figure	A Direction	B Direction
8	a & b	Three	ROF – LIB	LOF –RIB
9	a & b		RIF – LOB	LIF - ROB
10	a	Double Three	ROF – LOF	
11	a		RIF - LIF	
14	a	Loop	ROF – LOF	

FREE SKATING: 2:45 +/- 10 sec

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, double toe-loop and double salchow are allowed.
- Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination
- The same one rotation jump cannot be presented more than three (3) times.
- In the program, there MUST be at least one toe loop element (single or double).
- Two (2) spin elements must be performed. One of them MUST be a combination spin and must include a sit spin. Combination spins can have a maximum four (4) positions. Broken ankle, heel and inverted are NOT allowed. The two spins must be different.
- One (1) footwork sequence maximum level 2, maximum thirty (30) seconds.

PAIR SKATING: 2:30 minutes +/- 10 seconds.

- Maximum two (2) side by side jumps (not in combo). Maximum Axel, Double Toe loop, Double Salchow.
- One (1) side by side one position or combo spin, selected from upright and sit (any edge). Maximum of two (2) positions if combo spin.
- Maximum two (2) throw jumps: single rotation or axel maximum (must be different jumps).
- One (1) contact spin: one (1) position selected from upright, sit, hazel.
- One (1) spiral, angel (camel) BO.
- One (1) footwork sequence maximum level 2, maximum 30 seconds.
- LIFTS ARE NOT ALLOWED.

INLINE: 2:30 minutes +/- 10 seconds.

ITEM	CLARIFICATION
Jumps	A maximum of six (6) jumps are allowed. - Maximum 2 combinations of 2 jumps. - The presence of an Axel-type jump is compulsory. - Only 1 rotation jump, waltz jump and single Axel (1A), double Toe-loop (2T) and double Salchow (2S) are allowed, on their own or in combination. - The same jump cannot be presented more than twice. If a jump is presented twice, at least one of them must be in a combination. For a jump to be considered "equal" it must have the same nomenclature, i.e. the same entry and the same number of rotations. 1T and 2T are not the same.
Spins	Maximum 2 spins. Only Upright, Sit or Camel are allowed. There must be one spin of each of the following types in the program: - One Solo Spin - One Combo Spin (Maximum 3 positions) A position with the same base value (with the same foot and edge) cannot be presented more than twice. Remember: In a Combo Spin, minimum two (2) rotation per position.
Footwork Sequence	Maximum 1 Footwork Sequence. Maximum thirty (30) seconds. Maximum Level 2.
Choreo Sequence	Maximum 1 Choreo Sequence. Free pattern and maximum thirty (30) seconds. It must include one "clear" and "visible" skating (Ina bahuer, spread eagle, camel position, artistic upright position on one foot, etc.).

SOLO DANCE

	MINIS				
Compulsory	Carlos Tango	Reggae			
Free Dance	Dance Steps Sequence	Cluster Sequence	Travelling	Choreo Stop	Choreo. Step
	Max. Level 2	Max. Level 1	Max. Level 2	-	Yes

Compulsory dances: final dance to be performed will be drawn by lot 24 hours prior to competition

Free dance 2:30 minutes +/- 10 seconds.

- Dance Steps Sequence, maximum 40 seconds.
- Traveling sequence, maximum 15 seconds.
- Cluster sequence.
- Choreographic sequence, maximum 30 seconds.

Couple Dance: (as per World Skate -Minis)

MINIS			
Compulsory	Carlos Tango	Reggae	
Free Dance			
Hold	Travelling	Stationary Lift	Choreo. Stop
Max. Level 1	Max. Level 2	Max. Level 1	Yes

Compulsory dance: final dance to be performed will be drawn by lot 24 hours prior to competition

Free dance : 2:45 minutes +/- 10 seconds

- One (1) Dance Hold Footwork Sequence: maximum 40 seconds.
- One (1) Traveling sequence, maximum 15 seconds.
- One (1) Stationary Lift.
- One (1) Choreo Stop.

AGE GROUP: 10 to 12 YEARS (World Skate Espoir)

FIGURES: Any 1 group to be drawn by lots

Group 1	19 a/b	22 a/b	30 a/b
Group 2	18 a/b	28 a/b	15
Group 3	13	19 a/b	30 a/b

Figure no.	A / B	Figure	A Direction	B Direction
13	a	Double Three	RIB - LIB	
15	a	Loop	RIF – LIF	
18	a & b	Bracket	ROF –LIB	LOF -RIB
19	a & b		RIF – LBO	LIF –RBO
22 a/b	a & b	Counter	ROF – LBO	LOF –RBO
28 a/b	a & b	Change Double Three	RFOI –LFIO	LFOI - RFIO
30 a/b	a & b	Change Loop	RFOI –LFIO	LFOI - RFIO

FREE SKATING

Short programme: 2:00 minutes +/- 5 seconds

- Axel - Single.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (only doubles, excluding double Axel. No triples allowed). In calculating the value of the combination jumps the connecting jumps will not be counted.
- Solo jump - single or double (cannot be an Axel).
- One (1) combination spin with a maximum two (2) positions. The two positions MUST be a sit spin combined with a camel (any foot, edge, direction)
- One (1) position spin. MUST be a camel spin (it CANNOT be the same camel used in the combination).
- One footwork sequence maximum level 3, maximum thirty (30) seconds.

Long Programme: 3:15 minutes +/- 10 seconds

- A maximum of eight (8) jumps are allowed excluding the connecting one (1) rotation jumps in the combinations. (double axel and triples are not allowed)
- Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than five (5). In calculating the value of the combination jumps the connecting jumps will not be counted. Combo jumps can contain a maximum of three (3) double rotation/axel jumps. It is mandatory to perform an Axel that can be presented also in combination.
- Axel, singles, and doubles cannot be presented more than twice as jumps with technical value. If presented twice, one must be in combination.
- Maximum two (2) spin elements are allowed. One of them must be a combination spin and must include a sit spin. Combination spins can have a maximum four (4) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc.). Broken is not allowed and the two spins must be different.

PAIR SKATING:

Short program: 2:15 min +/- 5 seconds.

- One position lift – axel. Maximum level 2
- One side by side jump – axel.
- One side by side spin – sit spin (backward inside).
- One throw jump – single rotation jump (axel is not allowed).
- Contact spin – sit spin (face to face).
- Camel spiral – backward outside, maximum level 2.
- One footwork sequence, maximum level 3, maximum 30 seconds.

Long program: 3:00 minutes +/- 10 seconds

- Two (2) lifts. One **can be** a combo and one **must** be a solo lift. Maximum level 2. Axel, Flip Reversed Split position, etc. No overhead lifts allowed. No low Militano. Combination lift must not exceed eight (8) rotations of the man, with no more than two (2) changes of position for the lady (3 positions), and single position lift must not exceed four (4) rotations.
 - Maximum two (2) side by side jumps with a maximum of two (2) rotations (No double loop, double axel or triples allowed). One (1) may be a combo of maximum two (2) jumps.
 - One (1) side by side combination spin with a maximum of two (2) positions, selected from upright and sit (any edge), camel FO & BO.
 - Maximum two (2) throw jumps – Axel, Double Toe loop, Double Salchow (must be different).
 - One (1) combination contact spin with a maximum of two (2) positions. Selected from upright, sit, hazel and camel in Kilian, face to face, arabesque position.
 - One (1) spiral, angel (camel) BO.
 - One (1) footwork sequence maximum level 3, maximum 30 seconds.
- The lifts take-offs must be different

INLINE: : 3:00 minutes +/- 10 seconds.

ITEM	CLARIFICATION
Jumps	A maximum of seven (7) jumps excluding the connecting one (1) rotation jumps in the combination. - Maximum 2 combinations form 2 to 3 jumps (including the Connecting Jumps). - The presence a single Axel (1A) is compulsory. - Jumps of more than two rotation are not allowed. - Axels, single, double or triple jumps cannot be presented more than twice as jumps with technical value. If presented twice, one must be in a combination. For a jump to be considered "equal" it must have the same nomenclature, i.e. the same entry and the same number of rotations. 1T and 2T are not the same.
Spins	Maximum 3 spins. Minimum two (at least one of each type): - One Solo Spin - One Combo Spin (Maximum 4 positions) A position with the same base value (with the same foot and edge) cannot be presented more than twice. Remember: In a Combo Spin, minimum two (2) rotation per position.
Footwork Sequence	Maximum 1 Footwork Sequence. Maximum thirty (30) seconds. Maximum Level 3.
Choreo Sequence	Maximum 1 Choreo Sequence. Free pattern and maximum thirty (30) seconds. It must include one "clear" and "visible" skating element (Ina bauer, spread eagle, camel position, artistic upright position on one foot, etc.).

SOLO DANCE:

ESPOIR					
Compulsory	Little Waltz	Cumbia			
Free Dance	Dance Steps Sequence	Cluster Sequence	Travelling	Choreo Stop	Choreo Step
	Max. Level 2	Max. Level 2	Max. Level 3	-	Yes

Compulsory dance: final dance to be performed will be drawn by lot 24 hours prior to competition

Free dance : 2:30 minutes +/- 10 seconds.

- Dance Steps Sequence, maximum 40 seconds.
- Cluster Sequence.
- Traveling sequence, 15 seconds.
- Choreographic sequence, maximum 30 secs.

Couple Dance:

ESPOIR							
Compulsory		Little Waltz		Cumbia			
Free Dance							
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Stop	Stationary Lift	Rotational Lift	Combo. Lift
Max. Level 2	-	Max. Level 2	Max. Level 3	Yes	Max. Level 2	-	-

Compulsory dances: final dance to be performed will be drawn by lot 24 hours prior to competition

Free dance : 3:00 minutes +/- 10 seconds.

- One (1) One Partner Footwork Sequence, maximum 25 seconds.
- One (1) no hold footwork sequence, maximum 40 seconds.
- One (1) Traveling sequence. Maximum 15 seconds.
- One (1) Stationary Lift.
- One Choreo Stop.

AGE GROUP: 12 to 15 YEARS :(World Skate Cadet)

FIGURES Any 1 group to be drawn by lots

Group 1	13	19 a/b	15	20 a/b
Group 2	18 a/b	21 a/b	30 a/b	28 a/b
Group 3	19 a/b	22 a/b	16	28 a/b
Group 4	13	18 a/b	30 a/b	23 a/b

Figure no.	A / B	Figure	A Direction	B Direction
13	a	Double Three	RIB - LIB	
15	a	Loop	RIF – LIF	
16	a	Loop	ROB - LOB	
18	a & b	Bracket	ROF –LIB	LOF -RIB
19	a & b		RIF – LBO	LIF –RBO
21	a & b	Rocker	RIF - LIB	LIF - RIB
22 a/b	a & b	Counter	ROF – LBO	LOF –RBO
23 a/b	a & b	Counter	RIF - LIB	LIF - RIB
28 a/b	a & b	Change Double Three	RFOI –LFIO	LFOI - RFIO
30 a/b	a & b	Change Loop	RFOI –LFIO	LFOI - RFIO

FREE SKATING

Short program: 2:30 minutes +/- 5 seconds

- Axel - single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will not be counted. No more than two (2) triples allowed. There MUST be at least one connecting jump of one rotation for combinations of three (3) or (4) jumps.
- Solo jump - single, double, triple... (Cannot be an Axel).
- One position spin.
- One combination spin. One of the spins must be a sit spin. Maximum four (4) positions.
- One footwork sequence maximum level 3, maximum thirty (30) seconds.

Long program: 3:30 minutes +/- 10 seconds

- A maximum of eight (8) jumps are allowed excluding the connecting one (1) rotation jumps in the combinations.
- Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than five (5) including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will not be counted.
- It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.
- Axel, singles, doubles, and triples cannot be presented more than twice as jumps with technical value. If presented twice, one must be in combination.
- Maximum two (2) spin elements are allowed. One of them must be a combination spin and must include a sit spin. Combination spins can have a maximum four (4) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc.). Broken is not allowed and the two spins must be different.
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds.

PAIR SKATING

Short program: 2:30 min +/- 5 seconds.

- One position lift – flip reversed split position. Maximum level 2.
- One side by side jump – Double Toe-loop
- One side by side spin – sit spin or camel backwards outside
- One throw jump – Double Toe-Loop or Double Salchow.
- Contact spin – single position hazel spin.
- Death spiral – backward outside. Maximum level 2.
- One footwork sequence, maximum level 4, maximum 40 seconds.

Long program: 3:45 minutes +/- 10 seconds.

Two (2) lifts. One **can be** a combo and one **must** be a solo lift. Maximum level 3. No overhead lifts allowed. Selected from lifts like: Axel, Flip Reversed Split position, etc. Combination lift must not exceed eight (8) rotations of the man, with no more than two (2) changes of position for the lady (3 positions), and single position lifts must not exceed four (4) rotations. The lifts take-offs must be different.

- One (1) side by side solo jump. Double Axel and Triple not allowed.
- One (1) combination of maximum two (2) jumps. Double Axel and Triple not allowed.
- One (1) side by side combination spin with a maximum of three (3) positions.
- Maximum two (2) throw jumps with a maximum of two (2) rotations (must be different jumps).
- One (1) twist jump with maximum two (2) rotations.
- One (1) contact spin - combination with a maximum of three (3) positions). Impossible spins (all types) and reverse lay over camel are not allowed.
- One (1) death spiral, free choice. Maximum Level 2
- One (1) footwork sequence maximum level 4, maximum 40 seconds.

INLINE:

Short Programme Senior 2:30 minutes +/- 5 seconds.

- One (1) Axel-type jump: Single or Double
- One (1) Combo Jump: From two (2) to four (4) jumps including the Connecting Jumps in the total.
- One (1) Solo Jump: Single, Double or Triple. Axel-type jump is not allowed in this item.
- One (1) Combo Spin consisting of a single position (with base value) with maximum one change of foot: The skater can choose between Upright, Sit, Camel, Heel or Inverted. Once the position is reached, it is not possible to change to a different base value position, but it is possible to change the foot. It may include up to two different difficult positions (Sideways, Forward, Standard Variation, etc...) and up to two specific difficult Combo Spin variations (Difficult Entry, Difficult Change of Position, Change Direction, etc...). At least one change is required (from basic position to difficult position, a change of foot or a change of edge keeping the same position). All difficult Positions or Variations attempted will be considered as "used" for subsequent spin elements. Please note that the same feature (Difficult Position and Difficult Variation) can only be used once per programme. Maximum 4 positions.
- One (1) Combo spin: Minimum 2 positions, maximum 4 positions. One of these positions must be a Sit. Minimum two (2) rotation per position to be confirmed.
- One (1) Footwork sequence: Youth: maximum level 4 and maximum forty (40) seconds. Cadet: maximum level 3, maximum thirty (30) seconds.

Long Programme: 3:30 minutes +/- 10 seconds.

ITEM	CLARIFICATION
Jumps	A maximum of eight (8) jumps excluding the connecting one (1) rotation jumps in the combination. - Maximum 2 combinations. Only one of them can contain up to five (5) jumps, including the Connecting Jumps. The other combinations can contain a maximum of three (3) jumps, including Connecting Jumps. - At least one of the jumps must be a double. - The presence of an Axel-type jump is compulsory. - Axels, single, double or triple jumps cannot be presented more than twice as jumps with technical value. If presented twice, one must be in a combination. For a jump to be considered "equal" it must have the same nomenclature, i.e. the same entry and the same number of rotations. 1T and 2T are not the same.
Spins	Maximum 3 spins. Minimum two (at least one of each type): - One Solo Spin - One Combo Spin (Maximum 4 positions) A position with the same base value (with the same foot and edge) cannot be presented more than twice. Remember: In a Combo Spin, minimum two (2) rotation per position.
Footwork Sequence	Maximum 1 Footwork Sequence. Maximum thirty (30) seconds. Maximum Level 3.
Choreo Sequence	Maximum 1 Choreo Sequence. Free pattern and maximum thirty (30) seconds.

SOLO DANCE

CADET					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Musical	Yes	-	Yes	Yes	Federation Foxtrot
Free dance					
Dance Steps Sequence	Footwork Sequence	Artistic Sequence	Choreo Stop	Cluster	Travelling
Yes	-	Yes	Yes	Yes	Yes

Style Dance: 3:00 minutes +/- 10 seconds.

- Footwork sequence, maximum 40 seconds.
- Cluster sequence.
- Traveling sequence, maximum 15 seconds.
- Compulsory Dance – Federation Foxtrot

Free dance: 3:30 minutes +/- 10 seconds.

- Dance Steps Sequence, maximum 40 seconds.
- Artistic sequence, maximum 40 seconds.
- Traveling sequence, maximum 15 seconds.
- Cluster sequence.
- Choreographic Stop, maximum 15 seconds.

Couple Dance:

CADET								
Style Dance (Modern Medley)								
R One Partner Footwork	Hold	No Hold	Choreo Stop	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Max. Level 3	-	Yes	-	14 Step	-	Max. Level 3	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Stop	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
-	Max. Level 3	-	Yes	Yes	Max. Level 3	-	Max. Level 3	No Hold Max. Level 3

Style Dance of 3:00 minutes +/- 10 seconds.

- One (1) no hold footwork sequence, maximum 40 seconds.
- One partner footwork, maximum 25 seconds.
- Compulsory Dance – 14 Step
- One (1) Rotational dance lift

Free dance: 3:30 minutes +/- 10 seconds.

- One (1) Dance Hold Footwork Sequence: maximum 50 seconds.
- One (1) no hold synchronized cluster sequence.
- Stationary lift.
- Combo lift.
- Choreographic Stop, maximum 15 seconds.
- Synchronized Traveling sequence, maximum 15 seconds.

AGE GROUP: 15 to 18 YEARS - World Skate Junior

FIGURES: Any 1 group to be drawn by lots

Group 1	42 a/b	38 a/b	36 a/b
Group 2	43 a/b	31 a/b	40 a/b
Group 3	44 a/b	38 a/b	40 a/b
Group 4	45 a/b	31 a/b	37 a/b

Figure	A / B	Figure	A Direction	B Direction
31	a & b	Change Loop	RBOI -LBIO	LBOI-RBIO
36	a & b	Paragraph Double Three	ROF -LIF	LOF -RIF
37	a & b		ROB - LIB	LOB -RIB
38	a & b	Paragraph Loop	RFOI - LFIO	LFOI -RFIO
40	a & b	Paragraph Bracket	ROF -LIF	LOF -RIF
42	a & b	Forward Outside Counter combined with bracket and inside Counter	ROF-LIF	LOF -RIF
43	a & b	Forward Outside Rocker combined with outside Double Three	ROF -LIB	LOF -RIB
44	a & b	Forward inside Rocker combined with inside Double Three	RIF -LIB	LIF -RIB
45	a & b	Backward Outside Counter combined with Bracket and inside Counter	ROB- LIB	LOB -RIB

FREE SKATING

Short Programs: 2:45 minutes +/- 5 seconds

- Axel - single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will not be counted. No more than two (2) triples allowed. There MUST be at least one connecting jump of one rotation for combinations of three (3) or (4) jumps.
- Solo jump - single, double, triple... (cannot be an Axel).
- One position spin.
- One combination spin. One of the spins must be a sit spin. Maximum four (4) positions.
- Footwork sequence maximum forty (40) seconds.

Long Programme: 4:00 minutes +/- 10 seconds

A maximum of eight jumps excluding the connecting one (1) rotation jumps in the combination.

Maximum three (3) jumps combinations. The number of jumps within the combination cannot be more than five (5) including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will not be counted. It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.

Axel, singles, doubles, and triples cannot be presented more than twice as jumps with technical value. If presented twice, one must be in combination.

Maximum two (2) spin elements are allowed. One of them MUST be a combination spin and must include a sit spin. Combination spins can have a maximum four (4) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two RBO Camels, maximum two LBI Sit etc.). The two spins must be different.

One (1) footwork sequence, maximum forty (40) seconds.

PAIR SKATING:

Short Programme: 3:00 min +/- 5 seconds

- One combination side by side spin.
- One death spiral - Inside
- One footwork sequence, maximum level 4, maximum 40 seconds.
- Two (2) one position lifts of no more than four (4) rotations for the man. Maximum difficulty Militano.
- A twist jump - maximum Double.
- One side by side jump. Double Axel and Triple not allowed.

Long Programme: 4:30 minutes +/- 10 seconds.

- Maximum two (2) throw jumps (must be different jumps). Maximum one (1) triple.
 - One (1) twist jump.
 - One (1) combination contact spin, Maximum three (3) positions
 - Maximum two (2) side by side jumps elements. Maximum one double Axel and one Triple. One (1) must be a solo jump; the other can be a combination jump (maximum four (4) jumps). The technical value of the combination is the sum of the jumps of the combination. The connection jumps will not be calculated (only doubles and triples in the combination will have a value). 2A and Triples allowed just for the solo jump element.
 - One (1) death spiral - Outside
 - One (1) footwork sequence maximum 40 seconds.
 - Two (2) lifts: One **can be** a combo and one **must** be a solo lift. If performing the Combination lift it must have no more than eight (8) rotations of the man and no more than two (2) changes of positions of the lady (3 positions). Solo Lifts must not exceed four (4) rotations of the man. Maximum difficulty Militano.
- The lifts take-offs must be different.

INLINE:

Short Programme Senior 2:45 minutes +/- 5 seconds.

- One (1) Axel-type jump: Single, Double or Triple.
- One (1) Combo Jump: From two (2) to four (4) jumps including the Connecting Jumps in the total.
- One (1) Solo Jump: Single, Double or Triple. Axel-type jump is not allowed in this item.
- One (1) Combo Spin consisting of a single position (with base value) with maximum one change of foot: The skater can choose between Upright, Sit, Camel, Heel or Inverted. Once the position is reached, it is not possible to change to a different base value position, but it is possible to change the foot. It may include up to two different difficult positions (Sideways, Forward, Standard Variation, etc...) and up to two specific difficult Combo Spin variations (Difficult Entry, Difficult Change of Position, Change Direction, etc...). At least one change is required (from basic position to difficult position, a change of foot or a change of edge keeping the same position). All difficult Positions or Variations attempted will be considered as "used" for subsequent spin elements. Please note that the same feature (Difficult Position and Difficult Variation) can only be used once per programme. Maximum 4 positions.
- One (1) Combo spin: Minimum 2 positions, maximum 4 positions. One of these positions must be a Sit. Minimum two (2) rotation per position to be confirmed.
- One (1) Footwork Sequence: Maximum forty (40) seconds.

Long Programme

Junior Ladies: 4 minutes +/- 10 Seconds – Junior Men: 4:00 to 4:30 minutes

3.3.2. Long program Junior

ITEM	CLARIFICATION
Jumps	A maximum of eight (8) jumps for women and nine (9) jumps for men excluding the connecting one (1) rotation jumps in the combination.
	- Maximum 3 combinations. Only one of them can contain up to five (5) jumps, including the Connecting Jumps. The other combinations can contain a maximum of three (3) jumps, including Connecting Jumps. - The presence of an Axel-type jump is compulsory. - Axels, single, double or triple jumps cannot be presented more than twice as jumps with technical value. If presented twice, one must be in a combination. For a jump to be considered "equal" it must have the same nomenclature, i.e. the same entry and the same number of rotations. 1T and 2T are not the same.
Spins	Maximum 3 spins. Minimum two (at least one of each type): - One Solo Spin - One Combo Spin (Maximum 4 positions) A position with the same base value (with the same foot and edge) cannot be presented more than twice. Remember: In a Combo Spin, minimum two (2) rotation per position.
Footwork Sequence	Maximum 1 Footwork Sequence. Maximum forty (40) seconds.
Choreo Sequence	Maximum 1 Choreo Sequence. Free pattern and maximum thirty (30) seconds.

SOLO DANCE:

JUNIOR					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Traditional Folk	Yes	-	Yes	Yes	Dench Blues Double Pattern
Free dance					
Dance Steps Sequence	Footwork Sequence	Artistic Sequence	Choreo Stop	Cluster	Travelling
Yes	-	Yes	Yes	Yes	Yes

Style Dance: Timing: 3:00 minutes +/- 10 seconds -

- Footwork sequence, maximum 40 seconds.
- Cluster sequence.
- Traveling sequence, maximum 15 seconds.
- Compulsory Dance – Dench Blues

Free Dance: Timing: 3:30 minutes +/- 10 seconds

- Artistic sequence, maximum 40 seconds.
- Dance Steps Sequence, maximum 40 seconds.
- Cluster sequence.
- Traveling sequence, maximum 15 seconds.
- Choreographic Stop, maximum 15 seconds.

Couple Dance:

JUNIOR								
Style Dance (Latin Medley)								
One Partner Footwork	Hold	No Hold	Choreo Stop	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Yes	-	Yes	-	Golden Samba Steps 1-24 (Section 1)	-	Yes	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Stop	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
-	Yes	-	Yes	Yes	Yes	-	Yes	No Hold

Style Dance of 3:00 minutes +/- 10 seconds.

- One (1) no hold footwork sequence, maximum 40 seconds.
- One partner footwork, maximum 25 seconds.
- One (1) Rotational dance lift.

- Stationary lift.
- Combo lift.
- Hold footwork sequence, maximum 50 seconds.
- No hold synchronized cluster sequence.
- Synchronized Traveling sequence, maximum 15 seconds.
- Choreographic Stop, maximum 15 seconds.

AGE GROUP: Above 18 YEARS - World Skate Senior

FIGURES: Any 1 group to be drawn by lots

Group 1	46 a/b	39 a/b	47 a/b
Group 2	48 a/b	38 a/b	49 a/b
Group 3	50 a/b	39 a/b	51 a/b
Group 4	52 a/b	38 a/b	53 a/b

Figure	A / B	Figure	A Direction	B Direction
38	a & b	Paragraph Loop	RFOI - LFIO	LFOI - RFIO
39	a & b		RBOI - LBIO	LBOI - RBIO
46	a & b	Forward Outside Double Three combined with outside Rocker and backward Double Three paragraph (2 circuits)	ROF –LOB	LOF -ROB
47	a & b	Forward Outside Bracket combined with inside Counter and backward Bracket paragraph (2 circuits)	ROF –LOB	LOF -ROB
48	a & b	Backward Double Three combined with outside Rocker and forward Double Three paragraph (2 circuits)	ROB –LOF	LOB -ROF
49	a & b	Backward Outside Bracket combined with inside Counter and forward Bracket paragraph (2 circuits)	ROB –LOF	LOB -ROF
50	a & b	Forward Double Three combined with outside Counter and backward Double Three paragraph (2 circuits)	ROF- LOB	LOF -ROB
51	a & b	Forward Outside Bracket combined with inside Rocker and backward Bracket paragraph (2 circuits)	ROF –LOB	LOF -ROB
52	a & b	Backward Outside Double Three combined with outside Counter and forward Double Three paragraph (2 circuits)	ROB –LOF	LOB -ROF
53	a & b	Backward Outside Bracket combined with inside Rocker and forward Bracket paragraph (2 circuits)	ROB- LIF	LOB - RIF

FREE SKATING

Short Programs: 2:45 minutes +/- 5 seconds

- Axel - single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will not be counted. No more than two (2) triples allowed. There MUST be at least one connecting jump of one rotation for combinations of three (3) or (4) jumps.
- Solo jump - single, double, triple... (cannot be an Axel).
- One position spin.
- One combination spin. One of the spins must be a sit spin. Maximum four (4) positions.
- Footwork sequence maximum forty (40) seconds.

Long Programme: 4:00 minutes +/- 10 seconds

A maximum of eight jumps excluding the connecting one (1) rotation jumps in the combination.

Maximum three (3) jumps combinations. The number of jumps within the combination cannot be more than five (5)

including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will not be counted.

It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.

Axel, singles, doubles, and triples cannot be presented more than twice as jumps with technical value. If presented twice, one must be in combination.

Maximum two (2) spin elements are allowed. One of them MUST be a combination spin and must include a sit spin.

Combination spins can have a maximum four (4) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two RBO Camels, maximum two LBI Sit etc.). The two spins must be different.

One (1) footwork sequence, maximum forty (40) seconds.

PAIR SKATING:

Short Programme: 3:00 min +/- 5 seconds

- One combination side by side spin.
- One death spiral - Inside
- One footwork sequence, maximum level 4, maximum 40 seconds.
- A twist jump
- One position lift of no more than four (4) rotations for the man.
- One side by side jump (no combination).
- One combination lift of no more than eight (8) rotations of the man and no more than two (2) changes of position for the lady (3 positions).

Long Programme: 4:30 minutes +/- 10 seconds

- Maximum two (2) throw jumps (must be different jumps). Maximum one (1) triple.
- One (1) twist jump.
- One (1) combination contact spin, combo. Maximum three (3) positions
- Maximum two (2) side by side jumps elements. Maximum one double Axel and one Triple. One (1) must be a solo jump; the other can be a combination jump (maximum four (4) jumps). The technical value of the combination is the sum of the jumps of the combination. The connection jumps will not be calculated (only doubles and triples in the combination will have a value). 2A and Triples allowed just for the solo jump element.
- One (1) death spiral - Outside
- One (1) footwork sequence maximum 40 seconds.
- Three (3) lifts: At least one (1) one position lift (no more than four (4) rotations of the man) and at least one (1) combination lift with no more than eight (8) rotations of the man and no more than two (2) changes of positions of the lady (3 positions).

INLINE:

Short Programme : 2:45 minutes +/- 5 seconds.

- One (1) Axel-type jump: Single, Double or Triple.
- One (1) Combo Jump: From two (2) to four (4) jumps including the Connecting Jumps in the total.
- One (1) Solo Jump: Single, Double or Triple. Axel-type jump is not allowed in this item.
- One (1) Combo Spin consisting of a single position (with base value) with maximum one change of foot: The skater can choose between Upright, Sit, Camel, Heel or Inverted. Once the position is reached, it is not possible to change to a different base value position, but it is possible to change the foot. It may include up to two different difficult positions (Sideways, Forward, Standard Variation, etc...) and up to two specific difficult Combo Spin variations (Difficult Entry, Difficult Change of Position, Change Direction, etc...). At least one change is required (from basic position to difficult position, a change of foot or a change of edge keeping the same position). All difficult Positions or Variations attempted will be considered as "used" for subsequent spin elements. Please note that the same feature (Difficult Position and Difficult Variation) can only be used once per programme. Maximum 4 positions.
- One (1) Combo spin: Minimum 2 positions, maximum 4 positions. One of these positions must be a Sit. Minimum two (2) rotation per position to be confirmed.
- One (1) Footwork Sequence: Maximum forty (40) seconds.

Long Programme

Ladies 4:00 minutes +/- 10 seconds. - Men from 4:00 to 4:30 minutes.

ITEM	CLARIFICATION
Jumps	A maximum of eight (8) jumps for women and nine (9) jumps for men excluding the connecting one (1) rotation jumps in the combination. - Maximum 3 combinations. Only one of them can contain up to five (5) jumps, including the Connecting Jumps. The other combinations can contain a maximum of three (3) jumps, including Connecting Jumps. - The presence of an Axel-type jump is compulsory. - Axels, single, double or triple jumps cannot be presented more than twice as jumps with technical value. If presented twice, one must be in a combination. For a jump to be considered "equal" it must have the same nomenclature, i.e. the same entry and the same number of rotations. 1T and 2T are not the same.
Spins	Maximum 3 spins. Minimum two (at least one of each type): - One Solo Spin - One Combo Spin (Maximum 4 positions) A position with the same base value (with the same foot and edge) cannot be presented more than twice. Remember: In a Combo Spin, minimum two (2) rotation per position.
Footwork Sequence	Maximum 1 Footwork Sequence. Maximum forty (40) seconds.
Choreo Sequence	Maximum 1 Choreo Sequence. Free pattern and maximum thirty (30) seconds.

SOLO DANCE:

SENIOR					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Rock Medley	Yes	-	Yes	Yes	Midnight Blues Steps 14-40 (Section 2)
Free dance					
Dance Steps Sequence	Footwork Sequence	Artistic Sequence	Choreo Stop	Cluster	Travelling
Yes	-	Yes	Yes	Yes	Yes

Style Dance: Timing: 3:00 minutes +/- 10 seconds -

- Footwork sequence, maximum 40 seconds.
- Cluster sequence.
- Traveling sequence, maximum 15 seconds.
- Compulsory Dance – Midnight Blues

Free Dance: Timing: 3:30 minutes +/- 10 seconds

- Artistic sequence, maximum 40 seconds.
- Dance Steps Sequence, maximum 40 seconds.
- Cluster sequence.
- Traveling sequence, maximum 15 seconds.
- Choreographic Stop, maximum 15 seconds.

Couple Dance:

SENIOR								
Style Dance (Swing Medley)								
One Partner Footwork	Hold	No Hold	Choreo Stop	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Yes	-	Yes	-	Italian Foxtrot Steps 5-31 (Section 2)	-	Yes		-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Stop	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
-	Yes	-	Yes	Yes	Yes	-	Yes	No Hold

Style Dance of 3:00 minutes +/- 10 seconds.

- No hold footwork sequence, maximum 40 seconds.
- One partner footwork, maximum 25 seconds.
- Rotational dance lift.
- Compulsory dance sequence

Free Dance: Timing: 3:50 minutes +/- 10 seconds

- Stationary lift.
- Combo lift.
- Hold footwork sequence, maximum 50 seconds.
- No hold synchronized cluster sequence.
- Synchronized Traveling sequence, maximum 15 seconds.
- Choreographic Stop, maximum 15 seconds.

GROUP EVENTS:

Quartet - 4 skaters (maximum 1 reserve)

When sending the entries for all Show competitions (all Groups and Quartets) a short explanation of no more than 25 words must be attached to the entries describing the performance in English. These descriptions will be given to the Judges and announced by the speaker once the group is in position and before starting the music.

They shall not be made up of two couples, pairs or dance, but four skaters acting as a group.

All jumps with one rotation plus single axel are allowed. Maximum number of jumps allowed per program is one axel and two single rotation jumps including the jumps performed as features in the technical elements.

A jump made in transition by one or more skaters at the same time is considered (1) jump for the purpose of the rule above. A jump made in a technical element as a feature is considered as one (1) jump for the purpose of the rule above, even if the members of the team perform it at a different time within the time of the technical element.

For example: In a cluster element, two skaters can use the difficult entry jump on the first set and the other two skaters use the difficult entry jump on the second set, it will only count as one jump if it is made within the time regulated by the cluster element.

Spins allowed: Upright, Sit or Camel (not allowed: heels, broken ankle and inverted).

Jumps and Spins will have the value like steps-transitions.

All Age groups below 12 years (as per World skate Cadet Quartets)

The duration of the program will be 3:00 minutes +/- 10 seconds.

Set elements that MUST BE included in the program are:

- One (1) Line element sequence
- One (1) Cluster Sequence
- One (1) Creative element.

12 to 15 and 15 to 18 years (as per World Skate Junior Quartets)

The duration of the program will be 3:15 minutes +/- 10 seconds.

Set elements that MUST BE included in the program are:

- One (1) Line element sequence
- One (1) Cluster Sequence
- One (1) Creative element.

Above 18 Years (as per World Skate Senior Quartets)

The duration of the program will be 3:15 minutes +/- 10 seconds.

Set elements that MUST BE included in the program are:

1. One (1) Line element
2. One (1) Cluster sequence
3. One (1) Creative Element.
4. One (1) Traveling

Show Group - as per World skate small groups

Time: 4:30 – 5:00 minutes +/- 10 seconds

Age Group	Number of Skaters	Timing
8 to 15 years	6 to 10	4:00 – 4:30 minutes +/- 10 seconds
15 and above	6 to 12	4:30 – 5:00 minutes +/- 10 seconds

When sending the entries for all Show competitions (all Groups and Quartets) a short explanation of no more than 25 words must be attached to the entries describing the performance in English. These descriptions will be given to the Judges and announced by the speaker once the group is in position and before starting the music.

Individual and artistic pairs skating are not allowed. Skating will be assessed as a whole.

- Jumps with more than one (1) revolution are not allowed.
- Only upright and sit spins without travelling are allowed.
- Movements or steps performed while in a stationary position are allowed. However, programs with constant movement and choreography will receive more credit than programs with excessive stationary movements. The Referee will advise the Judges if this happens and a deduction from Group Technique mark will be made by the Referee, depending on the length of stationary movements during the whole program.
- Choreography must commence within 15 seconds after the music has started.
- A Show performance may not include more than 4 typical precision elements: e.g. a circle and/or a wheel is allowed; or from each mentioned manoeuvre, 4 are allowed: e.g. 4 circles, etc. Line manoeuvres & Blocks in all forms have no limitations. Combination of elements will be counted like one element.
- The main performance of a show group must be show, not precision. Show teams give in their performance expression of show elements; so, audience and judges are aware of a theme matching the title of the performance.
- At the start of the program ALL skaters MUST be on the floor. No skater is allowed to leave the floor during the performance. 0.5 deduction will be applied from the total score if this happens.
- Fog machines and personal spotlights are not allowed.
- Theatrical props: No set decorations are permitted. No frames, panels, scenery, independent theatrical wings, flats or structures of any size, kind of materials, will be permitted, even if carried by the skaters themselves. This includes smaller parts that can be put together to create a large theatrical prop.
- Accessories and objects:
 - o Accessories which can be carried on and off by an individual skater are permitted. They cannot be larger than one (1) meter cubed in size. It is permitted to position objects or props quickly, along the side of the rink, but only just before the start of the performance. In order to avoid disorder and confusion, once they are picked up they must not be left, abandoned or thrown outside the rink. If the outside of the rink does not allow space for props then they may be placed on the floor within one meter from the side.
 - o It is important that the skaters should demonstrate their ability to use the accessories appropriately and skate well at the same time.
 - o It is permitted for skaters to pass objects from one to another and to place them on the skating surface, but only so long as the skater maintains physical contact with the object(s).
 - o Leaving any object or prop on the floor out of contact with any skater is allowed only once during the program for a maximum of 10 seconds.
 - o Referee's deduction: 0.5 from the total score for each time a prop is not used correctly.
 - o If an object falls on the floor no penalty will be incurred, but it will be considered as a negative point in the general impression of the program.

- o Clarification about accessories and objects: Any accessory/object entered onto the rink when the group is called and before the starting the program must be carried just by ONE (1) skater. This also applies to carrying the item off the rink at the end of the program. Objects and accessories when they are waiting to be used cannot be standing and in sight. They must be lying or covered with a cloth or similar covering. If they are covered, the cloth or similar covering cannot be left on the floor when the object is being used. Accessories may not be pushed or dragged at any time during the program (neither during the choreography, at the entrance to the rink, nor when picking up an element from the side of the track). The items must be moved by lifting them up and placing them back on the ground. Hand-held props and accessories carried on the body are allowed, however must be able to be returned out of sight on the body after use. For examples: cords and strings used must be retractable so they are not left dragging on the floor.
- o No pyrotechnics (i.e. fireworks, flames, crackers, fuse, rocket, sparkler).

Precision

Age Group	Number of Skaters	Timing
8 to 15 years (WS Junior)	8 to 10	4:00 minutes +/- 10 seconds
15 and above (WS Senior)	8 to 12	4:30 minutes +/- 10 seconds

A **Junior Precision** program must include the following **seven (7)** technical elements:

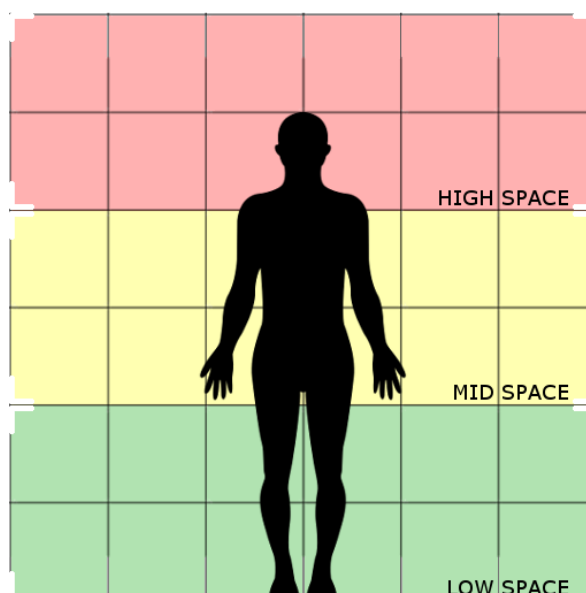
1. One (1) **Linear** element – **Line**
2. One (1) **Pivoting** element – **Block**
3. One (1) **Rotating** element – **Wheel**
4. One (1) **Traveling** element
5. One (1) **Intersection** element
6. One (1) **Move** element
7. One (1) **No hold** element

A **Senior Precision** program **MUST** include the following **eight (8)** technical elements:

1. One (1) **Linear** element – **Block**
2. One (1) **Pivoting** element – **Line**
3. One (1) **Rotating** element – **Circle**
4. One (1) **Creative** element – **Lift**.
5. One (1) **Traveling** element
6. One (1) **Intersection** element
7. One (1) **Move** element
8. One (1) **No hold** element

Precision groups must present the order of the elements of their program, otherwise the first presented element will be considered as the required one.

BODY MOVEMENTS



A body movement feature is a position or movement that places the skater in a divergent position regarding the spatial dimensions around the body.

Purpose

To clarify the definition of what can be considered a body movement feature. To allow skaters the freedom to choose any body movement or position that complies with a set of standards that gives less doubt to the skater and to the Technical Panel about whether an attempted feature is valid.

Applicable for

- Dance (no hold footwork sequence, no hold synchronized cluster sequence, dance hold footwork sequence, one partner footwork sequence).
- Solo Dance (footwork sequence, cluster sequence).
- Free Skating (footwork sequence).
- Choreography.

Body movement feature

To be considered as a body movement to count toward the feature, the skater must perform three different movements that achieve one of each of the following categories of personal space: HIGH, MEDIUM & LOW.

In general, a body movement will be considered where the skater uses the head, torso, and/or legs outside of the normal upright skating position (this may be movement in sagittal, frontal, or transverse planes of motion).

- High space: e.g. Y position, high leg kick, biellmann, body lateral and the leg high.
- Mid space: e.g. camel positions, inverted positions, lateral ring, ina bauer, spread eagle or lunge positions with the body inclined.
- Low space: e.g. sit position, shoot the duck, hackenmond

Movements that take multiple body parts well outside of the normal planes of motion can be considered as either High or Low Space body movements and will always be considered by the technical panel in the category that favors the skater in the achievement of the feature.

For Example: The illusion or charlotte, which require the leg in the High Space and the torso & head in the Low Space can be considered either high space or low space. The skater is encouraged to be creative and use body movements other than the specific examples given.

However, to be considered body movement the core changes from the centre balanced position, and that movement has a significant impact of the body's weight distribution over the skates.

GENERAL

Costume requirements

- Costumes rules apply for anything worn on the body.
- Penalties resulting from the violation of the costume rules will be 1.0. • Judges will have the option to push a costume violation button. If the majority of the officials including Referee agree, the deduction will be applied.
- A deduction for costume violation from the Referee will occur if ANY ITEM falls off the athlete. It is mandatory all items be properly secured.
- Costumes (all disciplines) and props (show) must NOT contain any copyrighted logos, trademarks, religious or political images, symbolism, symbols or messages. Federation logos are allowed.
- In all artistic competitive roller-skating events, the costumes should be in character with the music but should not be such to cause embarrassment to the skater, judges, or spectators.
- Training costumes are not required to be in character; however, all other costume rules apply in training. Costumes must be modest, dignified and appropriate for athletic competition - not **garish** or **theatrical** in design. The clothing must not give the effect of excessive nudity.
- Feathers and fringes will be considered a theatrical prop and penalized.
- Any piece of the costume including beads, buttons, crystals, mirrors, studs, pearls, half pearls, rhinestones etc. on the costumes must be very **securely stitched** so as not to cause obstruction to the following contestants. Rhinestones, stones, bigger than 4mm in any dimension ARE NOT PERMITTED. Sequins of any size are allowed. All decorative embellishments must be **securely stitched** to the fabric.
- Accessories and Props of any nature are not permitted.
- Costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to the end.
- The painting of any part of the body is considered a "show" and is not allowed.

Music

Vocal music is allowed. For free skating, pairs, solo dance, couples, inline, precision and quartet, music with spoken word (narration) can only be used a maximum of twice in the program at the beginning and/or end for a maximum of 10 seconds.

For all disciplines the penalty for time violation of the program less than the minimum, will be 0.5 point each 10 secs or part thereof.

For all the disciplines the time from the start of the music and the first movement of the skater, couple or group, cannot be more than 10 seconds. A penalty of 0.5 point will be applied.

Music with inappropriate or expletive lyrics in any language is not allowed. A penalty of 1.0 will be applied..

Coaches

Shouting and instructing skaters at the side of the rink during any competition is not allowed. If this happens the coach involved will be removed from the rink and the skater may be penalized.

During competition and official trainings, coaches at the rink side must be in official uniform of the State or casual but **ELEGANT** attire.

Shorts or skirts, if worn, should be knee length or longer; sleeveless shirts are not allowed

Skate Dancing Positions



Closed



Side



Side



Tandem



Open



Scissors



Side Closed



Side Closed



Hand in Hand



Cross Arm Position

- A. Waltz
- B. Kilian/Kilian Reverse
- C. Tandem
- D. Foxtrot
- E. Promenade
- F. Tango
- G. Hand in hand
- H. Cross arms

THEMES & RHYTHMS

Swing Medley (1920's-1940's)

Foxtrot, Quickstep, Swing, Charleston, Lindy Hop

Spanish Medley

Paso Doble, Flamenco, Tango, Spanish Waltz, Bolero, Fandango

Classic Medley (1850-1900s)

Waltz, Polka, March, Galop

Latin Medley

Mambo, Salsa, Merengue, Bachata, Cha Cha, Samba, Rumba

Rock Medley (1950's & 1960's)

Jive, Boogie Woogie, Rock & Roll, Blues, Jazz, Soul

Traditional Folk Medley

Modern Dance Music Medley (1970's to current)

Disco, Pop, Rap/Hip Hop, Techno/House, Reggaeton etc.

Musical-Opera Medley

Standard Ballroom (smooth) Medley

Waltz, Foxtrot, Tango, Quickstep

Ballroom Latino (rhythm) Medley

Samba, Cha Cha, Paso Doble, Jive, Mambo, Bolero, Rumba